





is made up of

1. Blood vessels is composed of a continuous system of channels ---- which blood transports oxygen and nutrients to and waste materials ---- all body tissues.

A) in / below

- B) into / off
- C) of / toward -
- D) for / over

through / from





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2. A stroke — when the brain — of oxygen due to interrupted blood flow often caused by a blood clot or burst blood vessel.

A) is obscurring is deprived

B) has occurred / is being deprived

C) occurred / was deprived

D) was occurring / had been deprived

Ef occurs has been deprived

emerge arise appear

take place + when/ once /if / as soon as/ the moment / the minute



Since insulin ---- in 1922 by Canadian scientists Frederick Banting and Charles Best, there ---- many

rise increase

changes in the research and development of its synthetic preparation.

drop fall decline

- A) has been discovered / were
- B) was being discovered / would be
- C) had been discovered / had been
- D) is discovered / are







4.Each kidney is about the size of a bar of soap and at any one time 20–25% of the body's blood flows

through them, ---- they comprise only 0.5% of the body's total weight.

from...to... into... through along of ideas

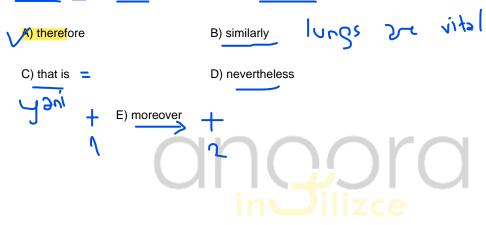


S 10 SIThough SNO





5.The kidneys are crucial in removing waste products such as urea, ammonia, and any chemical compounds such as medications from the blood; ----, patients with damaged kidneys must be monitored closely when they take medications that are excreted in the urine.







6.--- the body ages, bones lose more calcium, and it becomes vital to supplement the diet with calcium in order to encourage bone growth and prevent or slow down the process of osteoporosis.

A) Unless vücut yaslandikça

C) In case D) Even if

E) Whereas







in

within

TANIMLAMA



7.Rickets is a deficiency condition in children that ---- developing cartilage and newly formed bone across throughout the body, ---- severe deformities. all over throughout Lo be by affects / causing YOL AÇAN, ki bu yol açar/ açarak / açip / B) has affected / caused C) is affecting / to cause D) affected / being caused E) has been affecting / to be causing







8.---- rickets is still rare in most developed countries, it is becoming more common in the United States

due to lower milk consumption by children and it remains a problem in many other parts of the world.

is continues to be

A) Since

B) Unless

C) While

D) As if

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E) So long as

angora in Gilizce





9. ---- its role in maintaining strength of bone and teeth, calcium is involved in nerve cell function, control of muscle tone, and blood clot formation.

A) For the sake of amaciyla** hatirina** ugruna*

durumunda C) In case of overdose catastrophic event

a fire E) Unlike

aksine as opposed to







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10. ---- experts recommend that people meet as many of their vitamins and minerals needs through diet

as possible, it is difficult for many people to get enough calcium from food alone.

A) Whereas

B) Although

obtain /attain elde etmek extract içinden çikartmak

C) Provided

D) Since

E) Just as







11. Building strong, dense bones begins in childhood and adolescence, ---- the results cannot be seen until old age.

A) if B) yet

C) so D) because

E) whereas







12. Calcium does not occur or canot be found as a free element in nature; ----, it is much too active and always exists as a compound.

A) on the contrary B) likewise

C) afterwards D) beforehand

E) otherwise







13.Diabetic patients cannot process blood glucose properly, and ---- their disease is treated or controlled, it can lead to high blood sugar levels, and this can damage the nephrons, leading to diabetic neuropathy.

A) as B) if

C) unless D) after

E) just as







14.Salt improves the flavor of food items such as breads and cheeses, and it is exploited as an important preservative in meat, dairy products, margarine, and other items ---- it retards the growth of microorganisms.

A) unless B) although

C) before D) in that

E) so that







15.Salt is probably one of the best known and most widely used of all chemical compounds and it has been considered at times to be ---- valuable ---- it was used as a form of money.

A) the more / the more B) both / and

C) whether / or D) as / as

E) so / that







16. Smoking is one of the most common forms of ---- drug use and tobacco smoking is the most popular form, being practised by over one billion people globally, of whom the majority are in the developing countries.

A) beneficial B) redundant

C) exhausting D) committed

E) recreational







17.Tobacco smoke is a complex mixture of over 5,000 identified chemicals, ---- which 98 are known to have specific toxicological properties.

A) of B) on

C) at D) in

E) by







18. ---- other types of fiction, smoking has had an important place in literature and smokers are often portrayed as characters with great individuality, or outright eccentrics.

A) As from B) As in

C) As of D) As for

E) As if







19. The cause of epilepsy is not up for debate, or in layman's terms remains unknown; ----, scientists are often able to determine the area of the brain that is affected by the manner in which the condition is demonstrated.

A) nonetheless B) thus

C) otherwise D) in contrast

E) namely







20.---- the roots of the World War II lay before the 1930s, hostilities officially began with the German invasion of Poland on September 1, 1939, and ended with the Japanese surrender to the United States six years and one day later.

A) When B) Since

C) Before D) Just as

E) Even if







21.Sleep can be defined in many ways ---- the standard definitions of sleep and of its internal structure are derived from the patterns of electrical activity in the brain, which are recorded as an electroencephalogram (EEG) using surface electrodes on the head.

A) so B) yet

C) in case D) whereas

E) because







22. Sleep apnea and snoring have been implicated as secondary causes of morbidity and mortality in patients with cardiac and cerebrovascular disease, ---- increased hypertension, lowered brain oxygen levels, and irregular heartbeats.

A) due to B) despite

C) rather than D) such as

E) in contrast to







23. Scientists do not fully understand why humans need so much sleep; ----, it is believed to help restore the body physically, as well as organise the brain.

A) moreover B) as a result

C) instead D) in short

E) even so







24. As well as impacting concentration and mood, lack of sleep has been linked to a range of conditions --

-- heart disease, high blood pressure, diabetes and even premature death.

A) such as B) despite

C) in light of D) as of

E) besides







25. The definition of sleep may seem obvious, everyone knows the difference between being asleep and being awake, ---- scientifically and medically speaking, the term is less clear, and there is still a lot we do not understand about the phenomenon.

A) just as B) though

C) unless D) in that

E) when







26.Research ---- that improving sleep quality and attaining a healthy sleep duration ---- improvements on all kinds of other health measures and outcomes.

- A) showed / had better lead to
- B) is showing / might lead to
- C) has shown / can lead to
- D) will show / may lead to
- E) shows / has to lead to





27.--- poor sleep has been connected to heart issues and other metabolic problems, improving sleep habits has been shown to improve measures of many of these conditions.

A) As B) Just as

C) Provided D) Whereas

E) Now that







28.It is not quite clear what exactly sleep is, or why our brains and bodies need it, ---- it is clear that it plays a vital role in our health.

A) when B) yet

C) before D) for

E) just as







29.---- sleep deprivation can eventually cause death, sleep deprivation lasting up to ten days shows no serious, prolonged consequences and does not cause severe psychological problems or mental illness as once thought.

A) As if B) Because

C) While D) Once

E) So long as







30. Sleep apnea is a major, ---- often unrecognized, cause of daytime sleepiness and it can have serious negative effects on a person's quality of life.

A) albeit B) as if

C) as such D) thereby

E) whereas







31.Most people think of heart disease as one condition; ----, it is a group of conditions affecting the structure and functions of the heart and has many root causes.

A) that is to say B) otherwise

C) meanwhile D) in fact

E) accordingly







32. Digestion is the process whereby the foods we eat pass through our bodies and are directed toward the purposes of ---- providing the body with energy ---- building new cellular material, such as fat or muscle.

A) whether / or B) as / as

C) neither / nor D) so / that

E) either / or



