

Text 2. souları aşığıdaki parçaya göre cevaplayınız.

Stress is a common factor in the workplace, and more and more people are experiencing it. Some jobs are clearly more stressful than others. But what are the factors that contribute to this? It would appear that the number of decisions to be made on the job, contrary to popular belief, is not a valid indicator of stress. People who have some measure of control over their work, such as top executives of large corporations, actually have less stressful jobs than those who do not, such as food service workers and middle-level managers. Jobs with high demands, low control and little support are major contributors to increased stress levels. When workplace problems spill over into the family environment, it is inevitable that stress levels will further increase. This is the situation faced by many couples today who experience serious problems when family demands come into conflict with work demands. In many families, there still exists the expectation that women will fulfill the majority of household and child-care duties while at the same time being employed. This creates an even more stressful situation for women and is very different from the stress typically experienced by men.

**1. Which of the following statements is true about work-related stress?**

- A) Food service workers are less susceptible to stress than executives.
- B) Those who lack control over their work are subject to more stress than those who do not.
- C) Middle-level managers tend to be less stressed than other members of staff in a workplace.
- D) Large corporations usually employ individuals who can cope with too much stress.
- E) Executives experience difficulty in managing the stressful environment in large corporations.

**2. What is the connection between stress in the workplace and the home environment?**

- A) Family stress must be dealt with in order to minimize stress in the workplace.
- B) Modern couples underestimate family demands that result in stress.
- C) A stressful family environment affects workplace relationships.
- D) People will suffer from greater stress if workplace problems have an impact on family life.
- E) Those who have demanding jobs tend to encounter less stress in their marriages.

## Eyds Kamp Okuma Analiz 2/ İsmail Turasan

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**3. It is understood from the passage that women ----.**

- A) that have less workplace problems are inclined to create a peaceful family environment
- B) who are responsible for doing household chores experience a less complicated form of stress
- C) do not face hardships when they are just busy with household duties
- D) tend to be stressed when they are not in full-time employment
- E) are more prone to stress than men due to society's expectations

**4. The underlined word "measure" is closest in meaning to ----.**

- A) precaution
- B) size
- C) standard
- D) degree
- E) test

**5. What could be the best title for this passage?**

- A) The Synopsis of Stress
- B) The Influence of Stress on Families
- C) How to Avoid Stress
- D) Work or Family: Hard Choice
- E) Gender Based Stress

## Eyds Kamp Okuma Analiz 2/ İsmail Turasan

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Text 2 Key

1.B 2.D 3.E 4.D 5.A

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