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1. **Being potassium-rich, coconut water ---- enhances your ability to absorb water during prolonged exercise, which might again theoretically increase the risk of overhydration.**

- A) irreversibly
- B) fundamentally
- C) supposedly
- D) relatively
- E) gradually

2. **Ancient Egypt ---- along the valley surrounding the Nile River in northeast Africa, ---- into the desert and across the Red Sea.**

- A) was developing / to be extending
- B) had developed / extended
- C) has developed / to extend
- D) developed / extending
- E) develops / extends

3. **----, it might be a good idea to have an insight into its symptoms.**

- A) Although knowledge of death is a factor shaping human anxiety
- B) Whereas anxiety is being experienced by more and more people
- C) Because not all patients with anxiety require treatment
- D) In order to understand the diagnosis and treatment of anxiety
- E) Even if symptoms of anxiety include headaches, dizziness, and nausea

4. **'Detoks' terimi tıbbi manada vücuttan ilaç ve alkol gibi zararlı ve bağımlılığı arttıran maddeleri temizleme anlamına gelse de, son günlerde belirli yiyecek ve içeceklerden kaçınmayı gerektiren kısa süreli diyet şeklinde kullanılmaktadır.**

- A) While the term 'detox' in the medical sense refers to removing harmful and addictive substances, such as drugs and alcohol, from the body, more recently it has been used in the form of a short-term diet that involves abstinence from certain foods and drinks.
- B) The term 'detox' means removing harmful and addictive substances, such as drugs and alcohol, from the body in the medical sense as well as a more recent form of a short-term diet that involves avoiding certain foods and drinks.
- C) Medically, the term 'detox' refers to removing harmful and addictive substances, such as drugs and alcohol, from the body, but a short-term diet that involves abstinence from certain foods and drinks has also been referred to detox more recently.
- D) The term 'detox', which means removing harmful and addictive substances, such as drugs and alcohol, from the body in medical sense, has recently started to refer to a short-term diet that requires staying away from certain foods and drinks.
- E) Although the term 'detox' refers to cleaning the body off harmful and addictive substances, such as drugs and alcohol in the medical sense, currently it also means a short-term diet that involves abstinence from certain foods and drinks.

5. Kelly:

- I've been on a diet and jogging for over a month, but I haven't lost any pounds yet. Look at you! You're always very fit. What's your secret, Jason?

Jason:

- **Just change your workout pattern. Instead of jogging for 30 or 60 minutes, mix up short, intense bursts of activity with less hardcore moves in between. Try 4-minute intense workouts followed by 10 seconds of a moderate activity. It's called high intensive interval training – also called HIIT.**

Kelly:

- ----.

Jason:

- **Oh no, it's the other way around. In fact, studies have shown that you burn more calories and fat soon after you start.**
- A) Is there a faster and more successful method you can advise because I can't cut down on fatty foods?
- B) Oh, its advantages outweigh those of other types of training? I think it's a common way of training.
- C) It must be the latest trend. Don't you think being healthy is more important than burning calories?
- D) It sounds awesome, and in your case it seems to have worked. Do I have to do it in the gym?
- E) Does it really work? To be honest, I don't think it can be as effective as longer workouts that gradually build in intensity.

6. Jupiter's moon Europa is thought to be a potential host of life because scientists believe an ocean where it could have originated sits beneath its icy surface.

- A) According to scientists, Jupiter's moon Europa has an ocean below its icy surface, so life might have originated there, making the moon a possible home to life.
- B) Thanks to the ocean below its icy surface, where life might have originated, Jupiter's moon Europa is likely to be home to life, though some scientists do not believe so.
- C) The possible reason why scientists think that Jupiter's moon Europa has life is the existence of an ocean underneath its icy surface where life originated.
- D) It is believed by scientists that Jupiter's moon Europa can be suitable to life as there is an icy ocean underneath its surface where life could have originated.
- E) Whether there is life on Jupiter's moon Europa depends on the existence of an ocean beneath its icy surface, where life could have started, as believed by scientists.

7. The world has struggled with how to deal with aggressive behaviour for centuries. The crucial problem is to get people to not respond to others' aggression with their own aggression, because more likely than not, doing so will simply intensify conflict. ----. Only when we act in a calm manner, adopt a tolerant attitude toward others and promote friendship and warmth can we achieve the kind of peaceful society that we desire. Establishing supportive and caring interpersonal relations requires that people have skills for dealing with others' aggressive behaviour without escalating it.

- A) At the same time, some of us can be more aggressive than others because of our age, gender, and personal experiences.
- B) In fact, aggressive behaviour is an inherent part of human nature, and we are programmed at birth to act in that way.
- C) Instead, we need to cultivate forbearance, forgiveness, and patience as fundamental features of our culture to combat aggression.
- D) Thus, the victims of aggression often have less power or are disadvantaged: the very young, the old, the sick and etc.
- E) On the other hand, aggression can be learned – exposure to aggressive individuals may lead us to imitate them.

8. (I) Lightning is a sudden electrostatic discharge between regions of differing electric potential. (II) A lightning strike might be deadly for humans, so it is advised to either stay indoors or find a safe place to protect ourselves from lightning during stormy weather. (III) It has been observed on Venus, Jupiter, and Saturn, as well as Earth. (IV) In space, there is little material to act as a conductor of charge; therefore, traditional lightning seems to be rare. (V) Processes similar to lightning have been observed in electromagnetic fields around black holes as well as in highly ionized clouds of gas and dust called nebulae.

- A) I B) II C) III D) IV E) V

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1. c
2. d
3. d
4. e
5. e
6. a
7. c
8. b

1. **Although some aikido techniques can injure, ---- the purpose of an aikido player is to grab and control his or her rival, not to hurt.**
- A) progressively
B) exceptionally
C) fundamentally
D) suddenly
E) severely
2. **---- in the south- eastern part of Turkey, the tools in Göbeklitepe and the edifice is thought ---- for religious purposes.**
- A) Having discovered / to use
B) Discovered / to have been used
C) Discovering / to be used
D) Having been discovered / using
E) Being discovered / to have used
3. **----, millions of people there live in poverty, indeed near the very bottom of the world's misery indices.**
- A) Just as Iran occupies the heart of Eastern Asia continent with its large population
B) Even though Iran has not been able to capitalize on its resources to build a stable economy and society
C) Because the petroleum industry, including refining and oil production, has flourished for years in Iran
D) As Iran is what economists think of when discussing the growth potential of the continent.
E) Although Iran is loaded with natural resources above the ground and vast mineral wealth below
4. **Amelia Earhart's achievements in aviation had already made her an internationally famous name when, on May 21, 1937, she set out to become the first woman to fly around the world.**
- A) Amelia Earhart dünyanın etrafında uçan ilk kadın olmak için 21 Mayıs 1937'de yola çıkmış olsa da havacılık alanındaki başarıları onu çoktan uluslararası ünlü bir isim hâline getirmişti.
B) 21 Mayıs 1937'de dünyanın etrafında uçan ilk kadın olmak için yola çıkan Amelia Earhart'ın havacılık alanındaki başarıları onu hâlihazırda uluslararası ünlü bir isim hâline getirmişti.
C) Havacılık alanındaki başarılarıyla uluslararası ünlü bir isim hâline gelen Amelia Earhart, 21 Mayıs 1937'de dünyanın etrafında uçan ilk kadın olmak için yola çıktı.
D) 21 Mayıs 1937'de dünyanın etrafında uçan ilk kadın olmak için yola çıktığında, Amelia Earhart'ın havacılık alanındaki başarıları onu çoktan uluslararası ünlü bir isim hâline getirmişti.
E) Amelia Earhart 21 Mayıs 1937'de dünyanın etrafında uçan ilk kadın olmak üzere yola çıktığında, havacılık alanındaki başarıları sayesinde çoktandır uluslararası ünlü bir isimdi.

5. Susan:

- **Have you read this article in today's paper about the effects of global warming on the environment?**

Amy:

- **No, not yet, unfortunately. What does it say?**

Susan:

- **It mainly discusses how important it is to be aware of the problem.**

Amy:

-

Susan:

- **You're right. We should definitely be doing something. But at least articles like this one make us aware of the need to take action.**

- A) Yeah, the writer has a point, but there's no use knowing about the facts unless people take immediate steps in their own lives.
- B) Nowadays, local eco-activists organise different kinds of events to draw the public's attention to regional climate change problems.
- C) That reminds me, I've noticed that the supermarket in my neighbourhood has just started to sell eco-friendly products.
- D) I strongly believe that the famine in Africa is the most important negative outcome discussed in that article.
- E) Couldn't you have found a more enjoyable topic to read about? It's so depressing to think about that kind of stuff.

6. **People leave information about themselves in many places, whenever they shop or travel, and forensic investigators can take advantage of this electronic trail when trying to track down criminals.**

- A) Criminals who can take advantage of the electronic trail of personal information left by people as they shop or travel use this information as they attempt to trick forensic investigators.
- B) Forensic investigators can utilise the electronic trail of personal data created by people as they shop or travel, and use it in their attempt to locate criminals.
- C) People leave information about themselves in many places, whenever they shop or travel, and forensic investigators can take advantage of this electronic trail when trying to track down criminals
- D) Using the electronic trail of data left behind by people each time they shop or travel, forensic investigators can track missing people very easily while they are investigating crimes.
- E) An electronic trail of personal data is generated every time a person shops or travels, and such data can be used advantageously by criminals trying to escape from forensic investigators.

7. **Bermuda appears on maps as a tiny speck in the middle of the vast Atlantic Ocean. The coast of North Carolina, roughly 700 miles away, is the nearest landmass. During the age of sail, roughly the sixteenth through the mid-nineteenth centuries, Bermuda benefited from relative equidistance to nearly all of England's American possessions, as well as to the booming trade markets of the Caribbean. ---- Lucky pilots who safely passed by Bermuda's perilous reef system knew they could begin to bear east toward the Iberian Peninsula. The unlucky, whose numbers are unknown, crashed onto the reefs, condemned to the depths or to castaway survival on what was, until English settlement, an uninhabited island.**

- A) Even after its colonisation, Bermuda was a challenging place to live because it had no source of fresh water.
- B) Travel to Bermuda was easiest in small boats, of which few were available.
- C) It also served as a crucial navigational marker for travelling between Europe and Americas.
- D) England officially colonised it in 1612, three years after a ship bound for Jamestown wrecked on the island.
- E) The isolated population was largely dependent on the regular arrival of supplies sent by Somers Isles Company.

8. **(I) Cerebral palsy (CP) is a term used to describe a group of chronic disorders that impair control of movement. (II) Early childhood educators can play a critical role in creating a supportive, inclusive environment for children with CP. (III) The effects of CP include impairments such as paralysis, muscle weakness, loss of coordination, or functional abnormality of the motor system due to irregular brain pathology. (IV) This disorder was initially known as Little's Disease, named after an English surgeon John Little in the 19th century. (V) Dr. Winthrop Phelps later coined the term 'cerebral palsy', and in 1937 founded the first treatment facility in the United States (located in Baltimore, Maryland) dedicated solely to children suffering from CP.**

- A) I B) II C) III D) IV E) V

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1. c

2. d

3. d

4. e

5. e

6. a

7.c

8. b

Cevaplar:

1. C

2. B

3. E

4. D

5. A

6. B

7. C

8. B