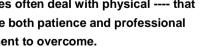
- A) beneficial
- B) detrimental
- C) voluntary
- D) promising
- E) artificial
- 2. Although not always successful, many students attempt to divide and spend their time effectively for ---- study ---- leisure activities.
  - A) neither / nor
  - B) either / or
  - C) the more / the less
  - D) such / as
  - E) so / that
- ---- severely by an earthquake, the city required extensive rebuilding efforts that lasted for years.
  - A) Damaged
  - B) Damaging
  - C) To damage
  - D) Having damaged
  - E) To have been damaged
- Vitamin D is considered ---- for the absorption of calcium and maintenance of bone health.
  - A) negligible
  - B) unnecessary
  - C) essential
  - D) harmful
  - E) excessive
- 5. Athletes often deal with physical ---- that require both patience and professional treatment to overcome.
  - A) advancements
  - B) injuries
  - C) offers
  - D) decisions
  - E) measures

- 6. ---- improving physical health, regular exercise contributes significantly to mental well-being.
  - A) Despite
  - B) In addition to
  - C) Because of
  - D) On behalf of
  - E) Instead of
- Certain lifestyle habits are closely linked ---an increased risk ---- developing cardiovascular diseases.
  - A) by / for
  - B) with / of
  - C) on / in
  - D) for / at
  - E) over / about
- The discovery of antibiotics was based ---the idea of using microorganisms ---- combat harmful bacteria.
  - A) upon / to
  - B) on / at
  - C) with / against
  - D) in / of
  - E) over / by
- 9. Environmental activists continue to warn the public about the severe ---- of deforestation and climate change.
  - A) benefits
  - B) consequences
  - C) responses
  - D) goals
  - E) reductions
- 10. By practicing mindfulness, people can improve mental processes ---- decisionmaking and emotional regulation.
  - A) in contrast to
  - B) rather than
  - C) on behalf of
  - D) in place of
  - E) such as

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- The hormonal changes that occur during ---play a crucial role in the development of
  secondary sexual characteristics.
  - A) employment
  - B) puberty
  - C) delivery
  - D) discovery
  - E) liberty
- 12. ---- the widespread availability of information on healthy diets, many people still struggle to make better food choices.
  - A) In contrast to
  - B) Apart from
  - C) In spite of
  - D) As a result of
  - E) Because of
- Anyone who ---- anxiety knows how profoundly it ---- their daily life and interactions.
  - A) has experienced / can affect
  - B) will experience / might affect
  - C) is experiencing / should affect
  - D) experienced / could affect
  - E) had experienced / must have affected
- 14. Even decades later, the lessons learned from historical pandemics are still taken very ---- by global health organizations.
  - A) lightly
  - B) seriously
  - C) rarely
  - D) superficially
  - E) occasionally
- Air pollution is associated ---- an increased risk of respiratory problems, especially ---urban areas.
  - A) from / for
  - B) with / in
  - C) on / at
  - D) over / across
  - E) through / by

- Therapists often design programs to ---- the specific physical and emotional needs of their patients.
  - A) invalidate
  - B) address
  - C) eliminate
  - D) disregard
  - E) enhance
- 17. A sustainable development plan ---- energy conservation and encourages communities -- renewable resources.
  - A) must include / adopted
  - B) should include / to adopt
  - C) has to include / to have adopted
  - D) might include / to be adopted
  - E) must include / having been adopted
- Extreme sports like skydiving and bungee jumping ---- adrenaline levels to their peak within seconds.
  - A) hamper
  - B) diminish
  - C) elevate
  - D) regulate
  - E) suppress
- Researchers are ---- exploring the potential of genetic editing to cure hereditary diseases.
  - A) reluctantly
  - B) increasingly
  - C) cautiously
  - D) unintentionally
  - E) inconsistently
- Approximately 15,000 people are diagnosed --- diabetes in the U.S. each year, ---- half of
  whom require daily insulin therapy.
  - A) with / about
  - B) for / on
  - C) by / over
  - D) of / in
  - E) under / around



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## ancora

## answer key

- 1. B) detrimental
- 2. B) either / or
- 3. A) Damaged
- 4. C) essential
- 5. B) injuries
- 6. B) In addition to
- 7. B) with / of
- 8. B) on / to
- 9. B) consequences
- 10. E) such as
- 11. B) puberty
- 12. C) In spite of
- 13. A) has experienced / can affect
- 14. B) seriously
- 15. B) with / in
- 16. B) address
- 17. B) should include / to adopt
- 18. C) elevate
- 19. B) increasingly
- 20. A) with / about

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