

21. - 25. sorularda, boş bırakılan yerlere uygun düşen sözcük ya da ifadeyi bulunuz.

Dietary supplements **have become** a multibillion-dollar industry all **over the world**. Found **(21)---** the vitamins and minerals on supermarket shelves are many apparently natural **remedies sold as** 'dietary supplements'. Their labels state that these products are **not intended to treat** anything but designed to **(22)---** health. Yet we should keep in mind that labels do not always tell the full story. **(23)---** strict requirements of purity applied in drug development, herbal remedies and other dietary supplements can include some harmful parts of the source organism. **(24)---**, **along with the desired substance**, a consumer **may ingest** fungal spores, heavy metals, toxins, herbicides, and pesticides. Drugs differ from dietary supplements in **purity and method of preparation**, which often takes many years. **The probability that** a chemical **derived from an organism** **(25)---** its way to drugstore shelves as a **prescription or over-the-counter medication** **is 1 in 10.000**.

21.

- | | |
|-----------------|---------|
| A) off | B) from |
| C) to | D) upon |
| E) among | |

22.

- A) receive: almak
B) receive
C) promote: desteklemek support/ enhance/
2. pazarlamak
3. terfi ettirmek yükseltmek
D) acknowledge Kabul etmek
E) determine : **belirlemek**

23.

- | | |
|-------------------|--------------------|
| A) Due to | B) For the sake of |
| C) Despite | D) Rather than |
| E) In terms of | |

24.

- | | |
|--------------------|---------------------|
| A) Firstly | B) Therefore |
| C) On the contrary | D) However |
| E) Instead | |

25.

- | | |
|---------------------|-----------------|
| A) had made | B) used to make |
| C) has to make | D) was making |
| E) will make | |

26. - 30. sorularda, boş bırakılan yerlere uygun düşen sözcük ya da ifadeyi bulunuz.

That heredity plays an important role in determining one's potential intelligence is beyond dispute. (26)---, genetic investigations have failed to (not) identify smart genes, which are genes that give brilliance on the possessor. Instead, given the complexity of the brain organisation and the need for effective interaction among its many components, it is not surprising that genetic mutations of several genes are known to (27)--- - the efficiency of brain operation and, in turn, (dolayısıyla, = so, thus, bu yüzden) to diminish potential intelligence. Mutational disorders range from invisible to dramatic and include trisomy 21, Fragile-X syndrome, tuberous sclerosis, and autism. (28)--- these mutational disorders, there are also important epigenetic factors — evident during the early years of life — that are necessary for normal development and organisation. A rich array of neuronal networks develops, with many destined (29)---; the final product of such factors is that gyral and sulcal patterns of monozygotic twins, individuals with identical genetic constitution, will look different. Maturational factors such as development, which is important for efficient signal transmission (30)--- the extensive neuron network, are known to continue for many years, peaking around the middle of the third decade (ON YIL) of life.

26.

- A) Therefore B) In addition
C) For instance D) However
E) Similarly

27.

- A) measure B) impose
C) lessen D) achieve
E) permit

28.

- A) On behalf of: adına namına temsilen
in the name of
B) Apart from = As well as = In addition to/
*2. Den başka hariç = except for
C) According to –e göre
D) Due to yüzünden
E) Instead of yerine

29. SIFAT + TO VERB / TO BE V3

BE BOUND TO/ BE DESTINED TO

- A) removing
B) having removed
C) to be removed
D) to have removed
E) to remove + sth/sb noun ALMASI GEREKİR

30.

- A) against B) under
C) across /THROUGHOUT D) upon
E) off

31. - 41. sorularda verilen cümleyi tamamlayabilecek seçeneği bulunuz.

31. ---- **as soon as** the dieter **resumes** usual eating patterns.

- A) **Without changing** eating patterns, the weight lost in a dieting program returns
- B) Many obese people **underreport the amount** of food they **consume**
- C) The dieter's eating habits **often do not change** while **undergoing** the dieting program
- D) **Drastically reducing** food intake **promotes** a **loss** of five kilos a week
- E) Dietary goals **are unrealistic** and **set** the person **up for** failure

32. ----; **however, there is a body of evidence to support the idea that** what is eaten may affect the skin.

- A) Dermatologists and nutritionists have developed a list of foods to stay away/AVOID
- B) **There is some debate in** the medical community **about** the impact of diet on acne
- C) Researchers have developed suggestions for dietary changes to improve or eliminate acne
- D) One of the earliest studies about food and acne focused on chocolate
- E) There have been isolated studies that explored **the effect of specific supplements on** acne

NETLİK – BELİZSİZLİK KURGUSU

33. While/ Although Alzheimer's disease (AD) may not be the direct cause of death, ----.

- A) family members or others caring for a person with AD have an extremely difficult and stressful job
- B) the generally poorer health of a person with AD increases the risk of life-threatening infection
- C) several substances are being tested for their ability to slow the progress of AD
- D) the aggravation of the disease can be controlled thanks to an active lifestyle
- E) drugs such as antidepressants, and sedatives are used to treat the behavioural symptoms of AD

34. Although the use of prescription medications may assist in managing obesity for some individuals, ----.

- A) sedentary lifestyle is one of the underlying reasons for obesity
- B) appetite-suppressant medications promote weight loss by decreasing appetite
- C) the most successful way to manage it is possible through medications
- D) it is never the sole treatment for the condition, nor is it ever considered a cure
- E) several of these medications are currently approved for treatment of obesity

35. When /Once / IF lactose intolerance is suspected in infants and young children, ----.

- A) the symptoms range from a feeling of mild bloating to severe diarrhea
- B) many pediatricians recommend simply changing from cow's milk to soy milk and watching for improvement
- C) food intolerances involve an exaggerated or abnormal physical reaction to a food or food additive
- D) intolerance caused by temporary intestinal diseases disappears with a successful treatment
- E) children with carbohydrate intolerance can lead normal lives with good dietary management

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36. ----; **furthermore**, research suggests that people **may be trained to partially recover** their **mental function** apparently **lost during aging**.

- A) The **mental faculties** (AKLİ MELEKELER) of most older people **remain (ARE / CONTINUE TO BE) functioning** when challenged by a **commitment to** lifelong **learning and activity**
- B) Senescent cells **are no longer able to protect** organs and blood vessels, and possibly contribute to aging
- C) It is known that our cognitive skills **tend to be on the decline as we age**
- D) Experiments **reveal** that the build-up of oxidised protein, the result of free-radical attack, **may cause brain cells to age**
- E) Forgetfulness **can be caused by** the use of sleeping pills and by any factor decreasing the supply of oxygen to the brain

37. Patients have different abilities to comprehend medical procedures; some prefer printed information ----.

- A) while others learn more from oral presentations
- B) although skin preparation is often ordered for all
- C) even if it is helpful for them to express their worries
- D) because too much knowledge may increase their anxiety
- E) as pain management after surgery is not the primary concern

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38. Hallucinations tend to be more distressing for the person having them than for others ----.

- A) while observing the patient can help to identify whether hallucinations are a side effect of medications or a manifestation of their disease
- B) only when a medication that is the suspected cause of hallucinations is changed to another drug or the times the drug is taken are changed
- C) unless they cause the person to feel undue anxiety or to react to them in ways that are harmless to the person or others
- D) provided that people having delusions have no awareness that those perceptions maybe inaccurate or unreal in the first place
- E) because the person having them does not know whether what appear to be physical stimuli are real, whereas others do know that they are not

39. ----, traditional Muslim medicine **is still being practised widely** in many Muslim societies.

- A) Because major political and socioeconomic transformations have occurred in the Muslim world
- B) **Despite the profound Westernisation of** medical theory and the medical **establishment** in the Muslim world
- C) Whereas Muslim medicine has always been **in contact with** other medical systems **through translations**
- D) **By the time** European texts **were translated into** Muslim languages as part of the move from traditional to Western medicine
- E) **With the aim of** translating Muslim medical texts into European languages during the Middle Ages

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40. Tooth extraction can be performed with local anesthesia ----.

- A) so tooth extractions may sometimes need to be postponed temporarily
- B) although it is one of the most common dental procedures
- C) if the tooth is exposed and appears to be easily removable in one piece REMOVE
- D) while extraction may be used to remove teeth that are so badly decayed
- E) as the dentist may recommend stopping some certain /SOME medications prior to/BEFORE surgery

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41. It might be difficult to control the dosage of health supplements in liquid form ----.

- A) although they contain sugar or sweetener, which might be unacceptable to some users
- B) unless a proper measuring spoon or cup is used and recommended daily intake is provided
- C) because they are suitable for people who cannot swallow tablets or capsules
- D) while they have a shorter shelf life than other forms like pills, gummies, and powders
- E) even if overdose results in potential side effects, such as gastrointestinal upset and vomiting

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2023 MART YÖKDİL SAĞLIK

21. - 25. sorularda, boş bırakılan yerlere uygun düşen sözcük ya da ifadeyi bulunuz.

Obesity is the **leading nutritional disorder** in our modern world, and **the number of people** who are obese **has dramatically increased over the past decades**. Now **a small implant that (21) ---- the craving / DESIRE to eat** might help change that. **(22) ---- this implant**, which is placed on the outside of the stomach in a simple surgery, **the patient feels full earlier**. **When** the stomach **receives food**, it starts to move, and this motion **is sufficient to generate an electrical current** in the implant **(23) ---- a small signal**. The signal **continues to the brain** and **is interpreted as a sign of fullness**. The new **implant can also be removed, returning** the patient **to** normal eating rhythms **(24)----** sufficient weight **has been lost**. **(25) ----** millions of people **considered** severely obese, **this is a promising step in our fight against** obesity.

21.

- A) **regulates** düzenlemek
- B) promotes desteklemek
- C) retains tutmak korumak keep
- D) preserves korumak
- E) adopts benimsemek/sahiplenmek /evlat edinmek

22.

- A) Similar to
- B) Contrary to
- C) Unlike
- D) By comparison with
- E) **Thanks to**

23.

- A) having produced
- B) being produced
- C) **to produce**
- D) ~~to have produced~~
- E) ~~to have been produced~~

24.

- A) **once**
- B) ~~whereas~~
- C) ~~although~~
- D) ~~unless~~
- E) ~~even if~~

25.

- A) By
- B) Upon
- C) Into
- D) **With** + noun + Ving veya v3
...olmasıyla birlikte
olduğundan
- E) Through

26. - 30. sorularda, boş bırakılan yerlere uygun düşen sözcük ya da ifadeyi bulunuz.

In a potential breakthrough for human babies born prematurely, scientists have announced they successfully removed lamb fetuses from their mother's wombs and raised them into healthy sheep. Their survival is ensured (26)---- an artificial placenta, called a BioBag, created by researchers at the Children's Hospital of Philadelphia. The fake womb (27) ---- a clear plastic bag filled with electrolytes. The lamb's umbilical cord pulls in nutrients, and its heart pumps blood (28)--- an external oxygen oxygenator. The success crowns a decades-long effort toward a working artificial placenta. The Biobag (29)---- human infant mortality rates, and also the chances of a premature baby developing lung problems or cognitive disorders will diminish. +++++ (30)----, there are still challenges scaling the device for human babies which are much smaller than lambs. The scientists are also refining the electrolyte mix and studying how to connect human umbilical cords. They expect human trials (DENEY) in / WITHIN three to five 3 İLA 5 YIL İÇİNDE years.

26.

- A) despite
- B) with the help of / thanks to /by means of /via/ through
- C) instead of
- D) as well as
- E) rather than

27.

- A) cuts off kesmek
- B) gets over iyileşmek recover
- C) gives in teslim olmak surrender yield*
- D) sets back hamper block engellemek
- E) consist of –den oluşmak be made up of comprise

28.

- A) about B) on
- C) along D) through
- E) for

29.

- A) may have improved —
- B) would improve
- C) has to improve —
- D) should have improved
- E) could improve MAY /MIGHT/ COULD /CAN

30.

- A) In other words — B) Therefore
- C) Yet D) For example
- E) Likewise

31. - 41. sorularda verilen cümleyi tamamlayabilecek seçeneği bulunuz.

31. The cause of cell death associated with Parkinson's disease is unknown ---.

- A) although environmental toxins and an inherited inability to deal with toxins are hypothetical factors
- B) so that certain drugs can control the symptoms of Parkinson's disease in some cases
- C) as Parkinson's disease is an incurable neurological disorder leading to muscle rigidity
- D) given that there is a progressive loss of brain cells that produce dopamine, a type of brain chemical that helps nerves communicate
- E) since there are hints that nutrition can play a role in the development of Parkinson's disease

32. Although bronchitis is often related to a viral or bacterial infection, ----.CAUSE

- A) the chronic form can be associated with the consumption of tobacco CAUSE
- B) the disease usually affects the large- and medium-sized bronchi EFFECT
- C) in many cases, respiratory-tract obstructions can cause severe complications EFFECT
- D) the common symptoms are cough, which increases the need to salivate BELİRTİLERİ SIGN
- E) noisy breathing is a common finding in patients with bronchitis BELİRTİLERİ SIGNS/ SYMPTOMS

33. Without an **examination**, an ear doctor **is limited to** information **gained from** **questioning**; **however**, ----.

- A) ~~the most likely age~~ group to have a foreign body in the ear canal is children
- B) **certain symptoms** **can help decide** what structure of the ear the problem originates from
- C) ~~ears are actually self-cleaning~~ and typically require little attention in most people
- D) ~~it is common for people to use all manner of instruments to try and clean~~ their ears of wax
- E) ~~to self-administer~~ ear drops, the head should be kept in a tilted position for several minutes

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34. ----, **it was not until 1846** that a patient **was successfully rendered unconscious** **during a surgical procedure.**

It was **not until** ...that +cümle

1* 1846 yılına **kadar** başarılı bir şekilde yapılmadı

2* **ancak** 1846 yılında kadar başarılı bir şekilde yapılmıştır.

- A) Given that medical tests that would otherwise be impossible to perform were carried out with pain control
- B) Even though the practice of surgery initially **struggled to make** considerable progress
struggle: çabalamak/ uğraşmak/ güçlük yaşamak
- C) As the **need for** specialists in anaesthesia was sparked by two world wars in the 20th century
- D) **While** the search for pain control **during surgery** **dates back to the ancient world**
- E) Although a number of **complications** are likely to occur **under general anaesthesia** nowadays

35. There is **no absolute rule** about **how much** sleep the average person needs per night ----.

- A) ~~as it is certainly best to sleep at night to follow the body's natural rhythms~~
- B) ~~if threats to long-term health caused by a lack of sleep are experienced by shift workers~~
- C) ~~even though everybody needs different amounts of sleep a day~~
- D) **although**/ANCAK there is **a minimum threshold**/**eşik** below which you are endangering your health
- E) ~~since lack of enough sleep leads to lapses in attention, memory and problem solving~~

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36. The **average** age of **onset / beginning** of **bipolar disorder** **is from adolescence to the early twenties**; ----.

- A) ~~for instance, over half of patients diagnosed with bipolar disorder have a history of substance abuse~~
- B) ~~consequently, the majority of bipolar individuals experience alternating episodes of depression~~
- C) **however, a correct diagnosis can be delayed for several years or more due to its complexity**
- D) ~~thus, symptoms of bipolar depressive episodes may include low energy levels, and difficulty in concentrating~~
- E) ~~conversely, it is usually diagnosed and treated by a psychiatrist or a psychologist with medical assistance~~

37. Although a 1985 US Food and Drug Administration study group concluded that **aloe vera did not heal burns**, ----.

- A) very rarely, aloe vera may cause a rash in sensitive people
- B) **recent clinical studies indicate burn recovery is sped up by aloe, possibly by improving collagen formation**
- C) it is a succulent plant with long pointed leaves that produces a juice with medicinal properties
- D) there is limited data whether aloe may help heal ulcers and gastrointestinal inflammation
- E) patients with burns, obviously, have the longest period of increased energy needs

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38. Dietary supplements of biotin are not routinely recommended for pregnant women; ----.

- A) in other words, blood levels of biotin tend to drop in pregnant women causing concern among researchers
- B) on the other hand, the amount of biotin is stable and little is lost when foods are exposed to heat, light, or air
- C) however, they should make a special effort to get an adequate intake of 30 mcg biotin daily through diet
- D) still, breastfeeding women should not take a biotin dietary supplement unless directed by their healthcare provider
- E) similarly, biotin is often promoted as a dietary supplement to help improve the strength of fingernails

39. No scientific study has conclusively proven strict avoidance of certain food categories is effective in preventing the onset of food allergies; ----.

- A) in fact, / HOWEVER, a certain amount of exposure at the right time may be considered a preventive strategy
- B) what is more, preventive strategies mainly focus on the first two years of an infant's life
- C) therefore, some doctors recommend that breastfeeding mothers avoid eating high-risk food
- D) likewise, parents in families that have a strong history of food allergy often take immediate action
- E) however, a majority of children, even with the most severe food allergies often outgrow their allergy

40. ----, **it may be too late to prevent** significant visual **impairment** or **blindness**.

- A) ~~Provided that people have regular eye examinations~~
- B) ~~Even if glaucoma manifests symptoms in the later stages~~
- C) ~~Because those with vision problems must see an ophthalmologist~~
- D) ~~Although myopia is one of the leading causes of vision impairment worldwide~~
- E) **By the time vision-related symptoms clearly appear**

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41. Depression, anxiety disorders, and other mental illnesses often are present in people who have eating disorders ----.

- A) although it is not clear whether these cause the eating disorder or are a result of it
- B) while they result in abnormal eating patterns that have a negative effect on health
- C) even if people who have anorexia nervosa constantly starve themselves to become thin
- D) as anorexia nervosa begins primarily between the ages of 14 and 18 and affects mainly girls
- E) unless the association between these psychiatric disorders and eating disorders is strong

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26 Ağustos 2023 YÖKDİL - Sağlık Cevap Anahtarı									
21. E	22. C	23. C	24. B	25. E	26. D	27. C	28. B	29. C	30. C
31. A	32. B	33. B	34. D	35. B	36. A	37. A	38. E	39. B	40. C
41. B									

26 Mart 2023 YÖKDİL Sağlık Cevap Anahtarı									
21. A	22. E	23. C	24. A	25. D	26. B	27. E	28. D	29. E	30. C
31. A	32. A	33. B	34. D	35. D	36. C	37. B	38. C	39. A	40. E
41. A									

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