

Highly-cushioned running shoes are meant to protect (1)---- injuries, but they may actually do the opposite by changing the way we run, research suggests. Every year, it's estimated that at least one-third of runners get stress fractures, shin splints or muscle or joint injuries (2)---- by repeated pounding of the pavement. Many shoe manufacturers have added extra padding to try to (3)---- the impact on the legs, but (though) injury rates have not decreased (4)----. A new study suggests this is (5)---- the extra cushioning changes the spring-like mechanics of the legs as they run, actually meaning we experience more tissue damage with every stride.

1.

- A) beyond - ötesinde      B) towards - a doğru  
C) within - içinde      D) against - a karşı  
E) during - sırasında

2.

- A) caused - V3 - pasif kısaltma - en yaygın  
B) to cause - aktif - to verb kuralları geçerli  
C) to have been caused - pasif - kendisinden önce fiil  
D) causing - aktif - en yaygın  
E) to be caused - pasif - to verb kuralları geçerli

3.

- A) initiate - başlatmak  
B) boost - artırmak, takviye etmek  
C) hamper - sekteye uğratmak  
D) identify - belirlemek  
E) soften - yumuşatmak

4.

- A) though - ancak, se de, yine de / still, nevertheless  
B) otherwise - aksi taktirde - would / could  
C) in fact - aslında -  
D) as a result - sonucunda, bu yüzden  
E) in other words - diğer bir deyişle

5.

- A) whereas - ken - taban tabana zıtlık  
B) because - dışı için, çünkü  
C) so that - sın diye // içinde: could / would sever  
D) although - e rağmen - much as - though  
E) until - e kadar - zaman bağlacı - zaman uyumu ister

1. tense - öncelikle ilgili cümleye bakmak. Burada bir emare yoksa, kendisinden önceki ve sonraki cümlelerin tenseleri baz alınabilir.

2. edat - prep

3. kelime

4. 5. Bağlaç

To verb kuralları

1. sıfat + to verb
2. soyut isim + to verb
3. pasif fiil + to verb
4. mek / mak için anlamında to verb
5. for + noun + to verb
6. the first / the second + to verb
7. superlative + to verb
8. soru ifadeleri + to verb (what to ...)
9. çeviri eğer ecek / olacak: to verb
10. verb + object + to verb

In fact: Yasin is a handsome boy. In fact, he is the most handsome in the class.

6. Researchers have shown that antimicrobial-resistant infections are rapidly increasing in animals in low and middle income countries and they produced the first global of resistance rates, and identified **regions / environments where** ---- are urgently needed.

A) incentives – teşvik

B) threats – tehdit /// threaten: tehdit etmek

C) conditions – durum

D) estimates – tahmin

**E) interventions – müdahale** / intervene: müdahale etmek

Rapidly: hızlı bir şekilde

Produce: üretmek

Resistance: direnç

Rate: oran /// at a rate: oranda / hızda

Identify: belirlemek

Urgently: acilen

7. Reversing baldness could someday be **as easy as** wearing a hat, ---- a noninvasive, low-cost hair-growth-stimulating **technology**.

A) as well as – nın yanısıra

B) rather than – den ziyade

**C) thanks to – den dolayı, sayesinde**

D) in comparison to - kıyasla

E) such as – gibi – örnekleme

\*\*\*\* negatif ifade (no, not, none) + instead / rather...

\*\*\* thanks to – because of – due to – as a result of – owing to – as a consequence of

\*\*\* as + sıfat / zarf + as İSİM / S V: e kadar...

He can play football as good as Sertan can.



8. A key question for climate scientists in recent years has been whether the Atlantic Ocean's main circulation system is slowing down, (which is) a development that could have ---- consequences for Europe and other parts of the Atlantic rim.

A) plausible – makul  
B) dramatic – ciddi  
C) maintainable – sürdürülebilir  
D) penetrable – içine nüfus edilebilir  
E) firm – sıkı

in recent years has been: recent: present perfect

9. Aerial surveys show that the Great Barrier Reef survived last year's extreme summer better than the previous year's, hinting that it is becoming more ----.

A) resilient – esnek – dirençli  
B) vulnerable – hassas, savunmasız  
C) destructible – tahrip edilebilir  
D) elaborate - detaylı  
E) provable – kanıtlanabilir  
, Ving...

Hint: ipucu, ipucu vermek

Extreme: aşırı

10. Historically, **disorders of taste and smell** have been **difficult to diagnose** and treat, ---- a lack of knowledge and understanding of these senses and their disease states.

- A) by means of – vasıtasıyla  
B) on behalf of – namına, adına  
C) as well as – nın yanısıra  
D) in spite of – e rağmen  
E) because of – den dolayı

Disorder: rahatsızlık, bozukluk

Diagnose: teşhis etmek /// diagnosis: teşhis

Treat: tedavi etmek, ödöl

Lack of: eksik

State: durum – condition

11. As animals move into urban environments, they face different pressures from natural selection, ---- rapid evolution of different behaviors.

- A) dwelling on – yaşamak  
B) calling off – iptal etmek  
C) making up – oluşturmak, makyaj yapmak  
D) putting through - bağlamak  
E) resulting in – sebep olmak – lead to - cause



12. Located in a neo-Renaissance palace, the Mimara Museum is home to one of largest private art collections in the world, whose 3,750 artworks ---- nearly three millennia.

A) nurture – bakmak  
B) initiate - başlatmak  
C) span – kapsamak, içermek, yayılmak  
D) maintain – korumak, sürdürmek  
E) refuse – reddetmek / turn down

Home to / access to

Art whose: art's

13. ---- in a neo-Renaissance palace, the Mimara Museum is home to one of largest private art collections in the world, whose 3,750 artworks ---- nearly three millennia.

A) Having located / spanned  
B) Being located / have spanned  
C) Located / span

14. Several ongoing trials are looking at ways to block a molecule called CD47, present on many tumour cells but antibodies against this molecule lead ---- to death of tumour cells ---- to destruction of red blood cells, which normally have CD47 on their surface.

A) so / that – o kadar SIFAT / ZARF ki S V 0  
B) rather / than -  
C) whether / or – ister ... ister  
D) not only / but also – sadece ... değil, aynı zamanda..  
E) as / as – e kadar /// SIFAT / ZARF

\*\*\* to block: bloklamak için

\*\*\* on the surface

15. A way of destroying cancers with our own immune system is a long-held goal of medicine and now a new twist on such immunotherapy has given ---- results in mice.

A) doubtful – şüpheli

B) promising – umut verici

C) erroneous – hatalı, kusurlu

D) ambiguous – muğlak – vague – implicit

E) refutable – çürütülebilir

Twist:

16. Afiniti, an AI firm based in Washington DC, claims to be able to pair call-centre agents ---- the people they are most likely to be able to influence, based on a prediction ---- how both will act during the call.

A) to / towards

B) into / beyond

C) through / within

D) with / of

E) of / among

Based on... e dayanmak

Based in...

Base: üs



17. Previous research has found that birds, frogs and grasshoppers sing or call differently in noisy urban areas, ---- **few** studies have addressed in detail how this affects their needs to attract a mate and avoid predators and parasites.

- A) in addition – ek olarak
- B) on the contrary – aksine
- C) but – ama**
- D) in fact – aslında
- E) instead – yerine

Address: ele almak, hitp etmek

In detail: detaylı bir şekilde

Affect: etkilemek / impact / influence

Attract: çekmek / appeal

Avoid: sakınmak, kaçınmak

Few / little: zıtlık

18. Trading among people has been very important during the past centuries ---- this is the only means of **obtaining** goods or services **from** other people.

- A) in case – r diye – geleceğe dair tedbir
- B) so that – sın diye / kendi içi modal sever / could
- C) provided that – mesi şartıyla / if clause geçerli
- D) but – ama
- E) because – dıđı için**

Trading: Ticaret

During the past centuries: have / has V3

Obtain: elde etmek, edinmek

Goods: eşya

Service: hizmet

19. An experiment on crystals made from 10 billion atoms proves that **even relatively large objects** follow the weird rules of quantum mechanics and one such rule is entanglement: **the properties of two particles can be linked together ---- measuring the state of one determines the measured state of the other.**

A) just as

B) so that

C) although

D) in case

E) while

20. No matter what doctors, teachers, and other specialists call the autism spectrum disorder, it's your child's unique needs that are ---- important.

A) vigorously – şiddetli bir şekilde

B) truly – gerçekten

C) reluctantly – gönülsüz bir şekilde

D) partially – kısmen

E) vaguely – muğlak bir şekilde

Unique: eşsiz, kendine has

No matter what / how:

No matter where you go: her nereye gidersen git

No matter what you read: ne okursan oku



21. Parrots are intelligent birds capable ---- complex cognition, and **it turns out that** the genes that play a role ---- their brain development are similar to **those that** evolved to give humans large brains.

A) to / for

B) with / about

**C) of / in**

D) under / over

E) for / throughout

Those: genler...

Lack of: eksik olma

Deprived of: eksik olma

Stripped of: eksik olma

Full of: dolu olma

Capable of: kapasitesi olma

**the genes that play a role ---- their brain development:**

genler oynayan bir rol onların beyin gelişiminde

role / part IN...

22. ---- **smell and taste disorders can have a substantial impact on quality of life and may represent significant underlying disease, they are often overlooked by the medical community.**

A) Provided that – mesi şartıyla / if / as long as

B) Given that – göz önüne alındığında

C) When – dışı zaman

**D) Although – e rağmen – much as**

E) Just as – tıpkı ...dığı gibi

Substantial amount of sth: bol miktarda

Quality of life: yaşam kalitesi

Impact on: üzerinde etki

Underlying factors: altından yatan sebepler

Overlook: göz ardı etmek

23. Earth has no shortage of stunning landforms: Mt. Everest rises majestically above the clouds; the mountains that make up the Ethiopian Highlands, but all of these natural icons pale ---- the dramatic formations that lie beneath the ocean.

A) according to – e göre

B) in place of – yerine – instead of

C) in comparison to – kıyasla

D) despite – e rağmen

E) with the aim of - amacıyla

\*\*\* Dünya'nın harika kara parçaları açısından eksiği yoktur: Everest dağı yükselir görkemli bir şekilde bulutların üzerinde; ama bu doğal ikonların hepsi solar okyanusun altında uzanan dramatic oluşumlara KIYASLA

Pale: solar....

24. ---- rain falls without needing to invent something or somebody that is moving the drops downwards, ---- our bodies and minds respond to conditions and behavior occurs without a need to invent an "I" who is doing it.

A) Rather / than – ayırma bizi

B) So / that – o kadar...ki

C) Just as / so – tıpkı...diği gibi

D) No sooner / than – ar...amaz

E) Both / and – hem ... hem de

If....., then

Just as....., -----

So

If....., ----

then



E) In terms of – bakımından

Broad: geniş  
Apply for: bir şeye başvurmak  
Apply to: uygulamak  
A variety of: çeşitli

Autism is not a single disorder, (23)---- a spectrum of closely related disorders with a shared core of symptoms. Every individual on the autism spectrum has problems (24)---- some degree with social interaction, empathy, communication, and flexible behavior. But the level of disability and the combination of symptoms varies (25)---- from person to person. (26)----, two kids with the same diagnosis may even look very different when it comes to their behaviors and abilities. If you're a parent dealing with a child on the autism spectrum, you may hear many different terms including high-functioning autism, atypical autism, autism spectrum disorder, and pervasive developmental disorder. These terms can be confusing, not only because there are so many, but because doctors, therapists, and other parents (27)---- them in dissimilar ways.

23.

- A) otherwise / would      B) therefore  
C) but / rather / instead      D) meanwhile  
E) similarly

24.

- A) on      B) for  
C) over      D) with  
E) to /// to a degree: bir ölçüde

25.

- A) primarily – başlıca  
B) increasingly – artarak  
C) mistakenly – kazara  
D) tremendously – büyük ölçüde  
E) comparatively – karşılaştırmalı olarak

26.

- A) In short – kısaca  
B) However – ancak  
C) Unfortunately – maalesef  
D) Otherwise – aksi takdirde  
E) In fact – aslında

27.

- A) could have used      B) may use  
C) must use      D) had to use  
E) should have used



The Olympic Games have a long history which goes back to ancient times. (1)---- some elements of these Games were revived "as they were" when the modern Olympic Games were created, others were removed or modified. Everything started in the Peloponnese, in Greece, some 3,000 years ago. Sports competitions were organised at Olympia and were named after their location, (2)---- their name of "Olympic" Games. Nobody knows exactly when they began, but the first written mention of them (3)---- 776 BC. It is difficult to know what (4)---- the ancient Games. Numerous versions attempt to explain them. Historically, the Games were created to provide unity to the Hellenic world, which, at that time, was split into city-states which were constantly at war. Mythology is mixed up with history, and the events that happened during this period were often explained as being the consequence of divine (5)----.

1.

- A) Provided that      B) Just as  
C) Unless      D) Now that  
E) While

2.

- A) on the other hand      B) however  
C) fortunately      D) otherwise  
E) hence

3.

- A) had dated back to      B) will date back to  
C) dated back to      D) dates back to  
E) was dating back to

4.

- A) fought back against – savaşmak  
B) got away from – uzaklaşmak  
C) caught up with – yakalamak  
D) gave rise to – yol açmak  
E) looked up to – hayran olmak

5.

- A) intervention – müdahale  
B) implementation – uygulama  
C) detection – tespit  
D) competition – yarışma  
E) perception – algı

Date back to / trace back to / go back to / date to / come from / stretch : geçmişe gönderim yapsalar dahi present şekilde kullanılırlar.

It may not be called cyberbullying. Students may say they got "dissed" on Facebook or that someone flooded their phone (6)---- mean texts. Even little kids have been known to hack into Club Penguin (7)---- each other's games. (8)---- most of these incidents occur at home, the problems spill over to the classroom, making cyberbullying an issue teachers can't ignore. The answer isn't forbidding technology, say experts, so much as teaching kids right from wrong. As a teacher, you can be a powerful force in (9)---- a climate of respect. Educate yourself and be on the lookout for signs that cyberbullying is taking place, (10)---- you may be the trusted adult a student turns to for help.

6.

A) beyond

B) with

C) against

D) to

E) of

7.

A) being sabotaged – pasif

B) to be sabotaged – pasif – to verb kuralları

C) to sabotage – aktif – to verb kuralları

D) to have sabotaged – aktif – öncesinde fiil

E) having been sabotaged – pasif – cümle başı

8.

A) So that – sın diye

B) Given that – göz önüne alındığında

C) Until – e kadar

D) If – eğer...se /sa

E) While – ken, se de

9.

A) promoting – olanak sağlamak

B) eliminating – ortadan kaldırmak

C) tackling – ele almak

D) encompassing – sarmak

E) confronting – yüzleşmek

10.

A) but – ama

B) even if – se bile

C) just as – tıpkı...dığı gibi

D) because – dığı için, çünkü

E) much as – se de



Most accounts of life on Earth begin little more than half a billion years ago. That is when an evolutionary burst (11)--- - creativity produced the ancestors of almost all animals and plants alive today. Following this “Cambrian explosion”, life’s story is one of fish, amphibians, insects, land plants, the rise and fall of the dinosaurs, and ultimately the emergence of humans. It is an epic tale – but it (12)---- just one-eighth of life’s history. The problem is that (13)---- animals and plants have left abundant fossils, Precambrian rocks contain almost no traces of earlier life. This vexed Charles Darwin, who wrote in *On the Origin of Species*: “To the question why we do not find records of these vast primordial periods, I can give no satisfactory answer.” Since then, a few fossilised remains have been found, but these are mostly microscopic blobs, reluctant to (14)---- their secrets. (15)----, in recent years, ingenious researchers have found new ways to lift the lid on life’s black box.

11.

- |            |       |
|------------|-------|
| A) over    | B) to |
| C) beyond  | D) of |
| E) against |       |

12.

- |              |             |
|--------------|-------------|
| A) impedes   | B) enables  |
| C) spans     | D) promotes |
| E) maintains |             |

13.

- |            |               |
|------------|---------------|
| A) once    | B) given that |
| C) in case | D) although   |
| E) unless  |               |

14.

- |                |                |
|----------------|----------------|
| A) comply with | B) bring about |
| C) give up     | D) conform to  |
| E) abide by    |                |

15.

- |              |                   |
|--------------|-------------------|
| A) Similarly | B) In other words |
| C) Thus      | D) In short       |
| E) Yet       |                   |

Natural resource management issues **(16)**---- increasing attention in recent decades, particularly in Asia, partly **(17)**--- a sequence of crises in energy, food, water, and other resources. Effective governance and management of resources have always been important, but have become **(18)**---- challenging in the face of changing climate, livelihoods, and market pressures. Many Asian countries have compromised their natural resource base **(19)**---- development, and are consequently facing various environmental challenges. The pressure on natural resources has potentially been aggravated by the development of infrastructure, advancement in extraction techniques, and expanding product markets that enlarge extraction opportunities for concession holders as well as local populations. **(20)**---- such circumstances, the quality of land, water, and forest is threatened, and the regenerating capacity of resources is hardly guaranteed.

16.

- |                   |                  |
|-------------------|------------------|
| A) will attract   | B) had attracted |
| C) have attracted | D) would attract |
| E) attract        |                  |

17.

- |                   |                 |
|-------------------|-----------------|
| A) along with     | B) despite      |
| C) in response to | D) on behalf of |
| E) in contrast to |                 |

18.

- |                 |                |
|-----------------|----------------|
| A) hazardously  | B) pertinently |
| C) masterfully  | D) usefully    |
| E) increasingly |                |

19.

- |                    |                |
|--------------------|----------------|
| A) for the sake of | B) similar to  |
| C) by means of     | D) contrary to |
| E) as well as      |                |

20.

- |            |          |
|------------|----------|
| A) With    | B) Under |
| C) Beyond  | D) Over  |
| E) Towards |          |



Today, we live in a time when manufactured medicines and prescriptions **(21)----**, but do they have to be the only approach to healing? Even **(22)----** all of these engineered options at our fingertips, many people find themselves turning back to the medicinal plants that started it all: Herbal remedies that have the ability to heal and boost physical and mental well-being. **(23)----**, at the beginning of the 21st century, 11 percent of the 252 drugs considered “basic and essential” by the World Health Organization were “exclusively of flowering plant origin.” Drugs like codeine, quinine, and morphine all contain plant-derived ingredients. **(24)----** these manufactured drugs have certainly become paramount in our lives, it **(25)----** comforting to know that the power of nature is on our side, and these herbal choices are available to complement our health practices. But the extent of the power they hold is also still being explored. These alternatives aren’t cure-alls, and they aren’t perfect. Many carry the same risks and side effects as manufactured medicines.

21.

- |            |                |
|------------|----------------|
| A) proceed | B) malfunction |
| C) prevail | D) harvest     |
| E) utilize |                |

22.

- |         |       |
|---------|-------|
| A) to   | B) of |
| C) in   | D) on |
| E) with |       |

23.

- |              |                  |
|--------------|------------------|
| A) Otherwise | B) By comparison |
| C) In fact   | D) In short      |
| E) Instead   |                  |

24.

- |               |            |
|---------------|------------|
| A) As long as | B) Because |
| C) Until      | D) While   |
| E) After      |            |

25.

- |             |              |
|-------------|--------------|
| A) can be   | B) had to be |
| C) will be  | D) must be   |
| E) would be |              |