

11

1. The overprescription of antibiotics has led to a worrying increase in antibiotic-resistant bacteria, posing a ---- challenge to global health systems.

- A) negligible önemsiz küçük ihmal edilebilir neglect  
B) temporary geçici  
C) formidable korkunç ürkütücü  
D) spontaneous anlık  
E) dismissive dı layan, önemsemeyen + of küçümseyen

He slept without brushing his teeth. di ini fırçalamadan yattı

X

2. Physicians must carefully assess a patient's symptoms ---- prescribing any form of treatment to ensure accuracy and avoid adverse effects.

- A) before -den önce 1. zaman 2. sıralama 3. önem gereklilik  
B) since  
C) despite  
D) given = considering göz önüne alındı ında  
E) as if mi gibi = as though

Candidates must/ have to get 85 and over to apply for this position.

= before applying for a job/position

- 85'ten önce  
2. eykeni yapmadan önce



3. The placebo effect demonstrates how the mind can  
---- physical symptoms in the absence of active  
medication. yoklu unda

- A) fabricate make up olu turmak üretmek uydurmak  
B) conceal gizlemek veil  
✓ C) alleviate reduce hafifletmek decrease mitigate  
D) regulate düzenlemek  
E) exaggerate abartmak

4. Medical professionals are ethically ---- to provide  
care regardless of a patient's background, beliefs, or  
socioeconomic status.

- A) opposed karşı  
✓ B) obligated zorunda oblige, compel, force: zorlamak  
C) hesitant tereddüt eden  
D) privileged ayrıcalıklı  
E) discouraged cesareti kırılması

mandate/force/compel sb to do sth birini bir şey yapmaya zorlamak  
>>> compulsory, obligatory, mandatory zorunlu

Compelling : ikna edici  
evidence kanıt

5. As ---- the case with many previous ones, the recent pandemic ---- the need for better disease surveillance and international cooperation among countries.

- A) is / reinforced  
B) had been / had reinforced  
✓ C) was / has reinforced  
D) will be / reinforces  
E) has been / will reinforce

when? past

when

6. The success ---- public health campaigns largely depends on the ability to convey clear and accurate messages ---- diverse populations.

- A) in / by  
B) on / at  
✓ C) of / to  
D) into / among  
E) of / between

→ 4  
to

transmit  
extend  
convey  
iletmek

extend (v)  
= date back to

1'

7. Prolonged exposure to high levels of stress hormones can ---- the immune system, making the body more susceptible to infections.

A) stabilize

B) compromise 1. uzla mak 2. tehlikeye atmak

C) nurture 3. ödün/taviz vermek 4. uzla 1  
beslemek, desteklemek

D) enhance geli timmek

E) rejuvenate yeniden canlandırmak

8. Mental health awareness has gained prominence of late, ---- stigma surrounding psychological disorders still prevents many individuals from seeking help.

A) so

B) yet

C) because

D) if

E) in case

Comprise = make up  
oluşturmak

Seek  
(sağht)

= look for  
ask for  
want

related +  
linked  
regarding

1

9. The new vaccine showed promising results ---  
clinical trials, leading a significant reduction in  
infection rates --- high-risk groups.

- A) on / from  
B) at / into  
C) from / between  
D) in / among  
E) of / along

22/12/2

2

3+ things/people

result of / in / from (for sh)

10. One of the major breakthroughs --- modern  
medicine is the ability to perform organ transplants --  
-- rejection from the recipient's immune system.

- A) in / without  
B) for / above  
C) with / over  
D) under / of  
E) by / through

2/12/2  
rejection

in order to  
so as to  
to

11. Genetic counseling is **crucial** for **individuals** ---- may **transmit** hereditary **conditions** such as cystic fibrosis or sickle cell anemia.

who  
that

1. ✓ A) who  
B) whom SVO  
C) which  
D) where  
E) when

issue  
sickness  
malady  
disorder  
disease  
ailment  
hastalık

12. **Having been unable** to find any clues so far, the medical team ---- to **conduct further tests** to ---- the **underlying cause** of the patient's chronic fatigue.

- A) had decided / to have determined  
✓ B) has decided / **to determine** belirlemek için  
C) decided / determining  
D) will have decided / having determined  
E) decide / determined

identify  
diagnose  
findpin down  
pinpoint2. edat whom  
which

13. Patients recovering from surgery are often given physiotherapy exercises ---- they can restore mobility and speed up the healing process.

- A) in case olursa diye önlem olarak  
B) whereas  
C) as if  
✓ D) so that olsun diye , ...yapmak için  
E) in that ..bakımından

benzerlik/ farklılık/kıyas

14. ---- recent advances in neuroscience, our understanding how the brain adapts in response to trauma or injury have dramatically expanded.

- A) In spite of .era men  
✓ B) Thanks to sayesinde  
C) For the sake of 1. amacıyla u runa 2. hatırına  
D) On behalf of adına namına  
E) In contrast to aksine

دانه

-er

angora  
inJilizce

YÖKDİL SAĞLIK İLK 20 SORU TEST 1 - İSMAİL TURAN

use / depend on

1

15. The hospital **implemented** **stricter** hygiene protocols ---- the **increase in** hospital-acquired infections.

stringent sıkı katı

edinilen

edinmek/ö renmek

- ✓ A) in response to +  
B) regardless of  
C) along with  
D) in contrast to  
✓ E) owing to +

due to  
because  
on account of  
as a result of

16. Doctors **rely on** a combination of medical imaging and laboratory tests ---- they **are to** reach an accurate diagnosis.

- A) unless  
B) so  
✓ C) if  
D) although  
E) while

if  
be to  
is to  
are to

so they reach  
(can)

2/less/ible +

17. ---- rare, some patients may experience severe allergic reactions to certain medications.

- A) Because  
B) Unless  
C) Given that  
D) Although  
E) As though

(it is)

- 2: if

18. In many rural areas, limited ---- to healthcare services continues to intensify health inequalities.

- A) access  
B) removal  
C) moderation  
D) resemblance  
E) resistance

eri im

çıkartma

kararında

benzerlik

direni

still increases

19. Researchers are developing advanced **prosthetic limbs** that can **respond** ---- to neural signals from the brain.

uzuv

- A) unusually -
- ✓ B) **directly** -
- C) indirectly -
- D) hesitantly -
- E) manually -

Verb + advb -den  
-ly gelen

20. ---- the complexity of cancer treatment, a **multidisciplinary approach** involving oncologists, surgeons, and psychologists **is often necessary**.

- ✓ A) Due to **sonun, çözüm önlem**
- B) Except for **hariç/ \*apart from aside from / other than / but\***
- C) Despite **era men**
- D) Similar to **benzer ekilde like / akin to**
- E) According to **e göre**

angora  
inJilizce

angora  
inJilizce

angora  
inJilizce

angora  
inJilizce

1. -ly  
2. 2dv  
3. 2dv  
4. SVO

+ +  
- -  
- / çözüm önlem

## the answer key

1. C) formidable
2. A) before
3. C) alleviate
4. B) obligated
5. C) was / has reinforced
6. C) of /to
7. B) compromise
8. B) yet
9. D) in / among
10. A) in /without
11. A) who
12. B) has decided / to determine
13. D) so that
14. B) Thanks to
15. A) in response to / due to
16. C) if
17. D) Although
18. A) access
19. B) directly
20. A) Due to

1. **Despite their popularity**, energy drinks are often **criticized for their ---- impact** on health due to **excessive** caffeine and sugar **content**.

A) beneficial  
B) detrimental  
C) voluntary  
D) promising  
E) artificial

çerik  
2. + with memn

2. **Although** not always successful, many students **attempt to divide** and spend their time **effectively for ---- study ---- leisure activities**.

A) neither / nor  
B) either / or  
C) the more / the less  
D) such / as  
E) so / that

cities such as Ankara are big

Such cities as Ankara are big

öyle / ki

! So that / in order that  
olun diye

V3 . yapil2 edilen

3. --- severely by an earthquake, the city required extensive rebuilding efforts that lasted for years.

A) Damaged  
B) Damaging  
C) To damage  
D) Having damaged  
E) To have been damaged

... yapmı olmak için, özne+ would have v3

...mı olmak gerekirdi

4. Vitamin D is considered --- for the absorption of calcium and maintenance of bone health.

A) negligible  
B) unnecessary  
C) essential  
D) harmful  
E) excessive

vital / pivotal  
em  
crucial

subst 2025  
sorrel  
23.40

V3 yap2 eden

5. Athletes often deal with physical ---- that require both patience and professional treatment to overcome.

- A) advancements
- B) injuries
- C) offers
- D) decisions
- E) measures

injure: yaralamak

1. Önlem  
2. ölçü: derece  
3) ölçme

6. ---- improving physical health, regular exercise contributes significantly to mental well-being.

- A) Despite
- B) In addition to
- C) Because of
- D) On behalf of
- E) Instead of

/ As well as  
Besides  
Along with

7. **Certain lifestyle habits are closely linked ---- an increased risk ---- developing cardiovascular diseases.**

A) by / for  
B) with / of  
C) on / in  
D) for / at  
E) over / about

1. sıfırdan bir şeyin  
geli mesi peydah olması

geli mek

ortaya çıkmak  
hastalı ayaklanmak

8. **The discovery of antibiotics was based ---- the idea of using microorganisms ---- combat harmful bacteria.**

A) upon / to  
B) on / at  
C) with / against  
D) in / of  
E) over / by

✓ upon / to ✓ = in order to

9. Environmental activists continue to warn the public about the severe ---- of deforestation and climate change.

A) benefits .  
 ✓ B) consequences / result  
 C) responses .  
 D) goals .  
 E) reductions

with the goal of  
zım

10. By practicing mindfulness, people can improve mental processes ---- decision-making and emotional regulation.

A) in contrast to  
 B) rather than  
 C) on behalf of  
 D) in place of  
 ✓ E) such as

den zırate / çok  
 2  
 3 y2pm2k taks2  
 instead of

11. The hormonal changes that occur during ---- <sup>ken</sup> play a crucial role in the development of secondary sexual characteristics.

A) employment

✓ B) puberty

C) delivery

D) discovery

E) liberty

1. teslimat/da 1.tüm 2. do 3. um  
3 konu mayapma

12. ---- the widespread availability of information on healthy diets, many people still struggle to make better food choices.

A) In contrast to

B) Apart from -den ba ka

✓ C) In spite of

D) As a result of

E) Because of

m.v

13. Anyone who ---- anxiety knows how profoundly it ---- their daily life and interactions.

- ✓ A) has experienced / can affect  
B) will experience / might affect  
C) is experiencing / should affect  
D) experienced / could affect  
E) had experienced / must have affected

14. Even decades later, the lessons learned from historical pandemics are still taken very ---- by global health organizations.

- A) lightly -  
✓ B) seriously  
C) rarely .  
D) superficially -  
E) occasionally -

how+ sıfat/zarf: ne kadar ne denli derinden etkileyebileceğini bilir

devise / invent

15. Air pollution is **associated** ---- an increased risk of respiratory problems, especially ---- urban areas.

- A) from / for  
✓ B) with / in  
C) on / at  
D) over / across  
E) through / by

, notably  
, particularly

16. Therapists often **design** programs to ---- the specific physical and emotional needs of their patients.

- A) invalidate  
✓ B) address  
C) eliminate  
D) disregard  
E) enhance

= meet the need  
satisfy  
cater for

11

11

17. A **sustainable** development plan ---- energy conservation and **encourages** communities --  
-- renewable resources.

A) **must include** / adopted  
 ✓ B) **should include** **to adopt**  
 C) **has to include** / to have adopted  
 D) **might include** / to be adopted  
 E) **must include** / having been adopted

18. Extreme sports like skydiving and bungee jumping ---- **adrenaline levels** **to** their peak **within seconds**.

A) hamper / hinder engellemek  
 B) diminish azaltmak  
 ✓ C) **elevate** / **increase** artırmak  
 D) regulate düzenlemek  
 E) suppress bastırmak

decrease in prices  
 prices decreased by 10%

1

19. Researchers are ---- exploring the potential of genetic editing to cure hereditary diseases.

- A) reluctantly gönülsüz  
 ✓ B) increasingly gitgide artarak  
 C) cautiously temkinli ihtiyatlı ekilde  
 D) unintentionally istemeden kasıtsız, kazara\*  
 E) inconsistently tutarsız

20. Approximately 15,000 people are diagnosed - --- diabetes in the U.S. each year, ---- half of whom require daily insulin therapy.

- A) with / about  
 B) for / on  
 C) by / over  
 D) of / in  
 E) under / around

edat  
 which  
 whom  
 whose non

**answer key**

1. B) detrimental
2. B) either / or
3. A) Damaged
4. C) essential
5. B) injuries
6. B) In addition to
7. B) with / of
8. **A)** on / to
9. B) consequences
10. E ) such as
11. B) puberty
12. C) In spite of
13. A) has experienced / can affect
14. B) seriously
15. B) with / in
16. B) address
17. B) should include / to adopt
18. C) elevate
19. B) increasingly
20. A) with / about