

## YÖKDİL Sağlık Deneme Soruları (İlk 20)

1. **Chronic exposure to high levels** of noise can lead to a **permanent** ---- of hearing, which **significantly impacts** a person's quality of life.

- A) enhancement +
- B) abundance +
- C) satisfaction +
- D) persistence +
- ✓ E) deterioration —

## YÖKDİL Sağlık Deneme Soruları (İlk 20)

1. Chronic **exposure** to high levels of noise can lead to a permanent ---- of hearing, which significantly impacts a person's quality of life.

Kelime	Türkçe Karşılığı	Eş Anlamlı 1	Eş Anlamlı 2
<b>Enhancement</b>	Geliştirme, Artırma	Improvement	Augmentation
<b>Abundance</b>	Bolluk, Çokluk	Plenty	Profusion
<b>Satisfaction</b>	Memnuniyet, Tatmin	Contentment	Gratification
<b>Persistence</b>	Israr, Süreklilik	Endurance resilience*	Continuity
<b>Deterioration</b>	Kötüleşme, Bozulma	Worsening	Decline

PROMOTE\* boost\*

content: içindekiler içerik

1. Reconstructive surgery, which includes procedures that repair congenital birth defects or disfigurements caused by accidents, is based upon the exploitation of key principles of anatomy, physiology, and pathology.

(Doğuştan gelen doğum kusurlarını veya kazaların neden olduğu şekil bozukluklarını onaran prosedürleri içeren rekonstrüktif cerrahi; anatomi, fizyoloji ve patolojinin temel ilkelerinin istifade edilmesine/kullanılmasına dayanır.)

2. Modern anesthesia allows surgeons to perform complex operations by causing a temporary ---- of consciousness and pain sensation.

- A) expansion
- B) evaluation
- ✓ C) suspension
- D) circulation
- E) promotion

suspend

2. Modern anesthesia **allows** surgeons to perform complex operations **by causing** a temporary ---- of consciousness and pain sensation.

Kelime	Türkçe Karşılığı	Eş Anımlı 1	Eş Anımlı 2
<b>Expansion</b>	Genişleme, Yayılma	Enlargement	Growth
<b>Evaluation</b>	Değerlendirme, Analiz	Assessment	Appraisal
<b>Suspension</b>	Askıya alma, <b>Durdurma</b> halt /stop	Interruption müdahale	Adjournment erteleme/ postpone
<b>Circulation</b>	Dolaşım, Yayılım	Flow	Dissemination spread / distribute
<b>Promotion</b>	Destekleme, Terfi	Advancement	Encouragement

1. desteklemek support
2. pazarlamak market
3. terfi ettirmek yükselmek assign atamak

expand = widen  
 extend: uzatmak,  
 genişletmek

dağıtmak yaymak

2. Each person has about 100,000 hairs on their scalp, and although it is normal to lose between 25 and 75 hairs per day, any disruption of the hair growth cycle may cause abnormal hair loss.

(Her insanın saç derisinde yaklaşık 100.000 saç teli vardır ve günde 25 ila 75 tel saç kaybetmek normal olsa da, saç büyüme döngüsündeki herhangi bir aksama/bozulma anormal saç kaybına neden olabilir.)

M.K.  
3. While some side effects of the new medication are ---- and pass quickly, others may require immediate medical attention.

- A) permanent
- B) vital
- C) severe
- D) transient
- E) mandatory

3. While some side effects of the new medication are ---- and pass quickly, others may require immediate medical attention. / intervention\* müdahale

Kelime	Türkçe Karşılığı	Eş Anımlı 1	Eş Anımlı 2
Permanent	Kalıcı, Sürekli	Lasting	Constant
Vital	Hayati, Çok Önemli	Essential	Crucial for / to sb/sth
Severe	Şiddetli, Ağır extreme/ too much	Acute	Serious
Transient	Geçici, Kısa süreli	Temporary	Brief provisional short-lived
Mandatory	Zorunlu	Compulsory	Obligatory mandate oblige compel force sb to do sth

3. Although pain connects us to the outside world and modulates our interactions with it, it becomes a problem when its causes are obscure, leaving us wondering why such a feeling is experienced.

(Ağrı bizi dış dünyaya bağlasa ve onunla etkileşimlerimizi düzenlese de, nedenleri belirsiz olduğunda ve bizi neden böyle bir hissin yaşandığını merak eder halde bıraktığında bir sorun haline gelir.)

4. It is crucial to monitor blood pressure ---- after a major surgery to ensure that the patient's cardiovascular system is stable.

- A) vaguely  
✓ B) continuously  
C) reluctantly  
D) hardly  
E) mutually

4 It is **crucial** to **monitor** blood pressure ---- after a major surgery to **ensure** that the patient's cardiovascular system is **stable**.

Kelime	Türkçe Karşılığı	Eş Anlamlı 1	Eş Anlamlı 2
<b>Vaguely</b>	Belirsizce, Hayal meyal ambiguous / hazy	<b>Unclearly</b>	<b>Indistinctly</b>
<b>Continuously</b>	Sürekli olarak, Aralıksız	<b>Constantly</b>	<b>Uninterruptedly</b> <b>Incessantly, relentlessly</b>
<b>Reluctantly</b>	İsteksizce, Gönülsüzce	<b>Unwillingly</b>	<b>Hesitantly</b> hesitate / doubt
<b>Hardly</b> *	Hemen hemen hiç, <b>Güçlkle</b>	<b>Barely</b>	<b>Scarcely</b> I hardly go to the cinema.
<b>Mutually</b>	Karşılıklı olarak	<b>Reciprocally</b>	<b>Jointly</b>

The patient could **hardly** walk. Hasta **güçlkle** yürüyebiliyordu

4. Evidence shows that it is **unlikely** to prevent upper respiratory infections, but beginning a supplement promptly when symptoms occur can significantly shorten the duration of the illness.

(Kanıtlar, üst solunum yolu enfeksiyonlarını önlemenin **pek olası olmadığını göstermektedir** ancak belirtiler ortaya çıktığında **derhal** bir takviyeye başlamak hastalığın süresini önemli ölçüde kısaltabilir.)

hard (adv)

I work hard in order to make ends meet. iki yakayı bir araya getirmek için çok / sıkı çalışırım.

verb + hard : a lot = çok, sıkı

hard (adjective)

1. a hard object sert bir cisim
2. a hard question zor soru

5. Recent clinical trials suggest that a plant-based diet can help ---- the risk of developing type 2 diabetes by improving insulin sensitivity.

- ✓ A) alleviate  
B) trigger  
C) accelerate  
D) undergo  
E) maintain

5. **Recent clinical trials suggest that a plant-based diet can help** --- the risk of developing type 2 diabetes **by improving** insulin sensitivity.

Kelime	Türkçe Karşılığı	Eş Anlamlı 1	Eş Anlamlı 2
<b>Alleviate</b>	Hafifletmek, Azaltmak	Relieve	Mitigate reduce / diminish
<b>Trigger</b>	Tetiklemek, Sebep olmak	Activate	Induce cause / spark / ignite
<b>Accelerate</b>	Hızlandırmak	Speed up	Hasten yavaşlatmak decelerate slow down
<b>Undergo</b>	(Ameliyat/Tedavi) Geçirmek	Experience	Go through
<b>Maintain</b>	Sürdürme, Korumak 2. say, claim söylemek 3. fix repair bakım yapmak / tamir etmek	Preserve	Sustain

5. **Although it is impossible to remove all the chemicals in your home, if you have good ventilation and air your house daily, the impact of those chemicals can be mitigated.**

(Evinizdeki tüm kimyasalları temizlemek imkansız olsa da, iyi bir havalandırmaya sahipseniz ve evinizi her gün havalandırırsanız, bu kimyasalların etkisi hafifletilebilir.)

6. Certain lifestyle habits, such as smoking and lack of exercise, can ---- the development of heart disease by damaging the arteries.

A) bring about

B) count on

C) keep off

D) take after

E) turn down

M.K.

certain: 1. belirli belli specific 2. bazı some 3. birkaç a few 4. çeşitli various, diverse, a variety of 5. kesin definite

6. **Certain lifestyle habits**, such as smoking and lack of exercise, can ---- **the development of heart disease by damaging the arteries.**

Kelime	Türkçe Karşılığı	Eş Anamlı 1	Eş Anamlı 2
<b>Bring about</b>	Sebepl olmak, Yol açmak	Cause	Lead to
<b>Count on</b>	Güvenmek, Bel bağlamak	Rely on	Depend on
<b>Keep off</b>	Uzak durmak, Yaklaştırmamak	Stay away	Avoid sth because
<b>Take after</b>	Benzemek (Kalıtımsal/Kişilik)	Resemble	Look like
<b>Turn down</b>	Reddetmek, Geri çevirmek	Reject	Refuse decline**

rest on / draw on  
be based on

sv. / 2. avoid sth.  
Instead, svo  
Rather, svo.

like father, like son.  
armut dibine düşer

6. Some drugs can stop the absorption of nutrients such as vitamins B6, C, and D, zinc, and potassium, and so they interfere with the ability of cells to use them.

(Bazı ilaçlar; B6, C ve D vitaminleri, çinko ve potasyum gibi besinlerin emilimini durdurabilir ve bu nedenle hücrelerin bunları kullanma yeteneğine müdahale ederler/engel olurlar.)

45 sn

7 **Before** the discovery of **penicillin in 1928**, many people ---- from minor infections that **today** ---- easily **with** antibiotics.

- A) have died / were treated
- B) ~~were dying~~ / are treated ✓
- ✓ C) died / are treated
- D) ~~had died~~ / have been treated → how long? / recently lately / since 2000.
- E) would die / would have been treated

7. **Before the discovery of** penicillin in 1928, many people ---- from minor infections that **today** ---- easily with antibiotics.

- A) have died / were treated  
B) were dying / are treated  
C) died / are treated  
D) had died / have been treated  
E) would die / would have been treated

7. **Prior to the advent** of the X-ray and radioactive isotopes, many cancers **grew** undetected **because** imaging techniques **had not been developed yet**.

(X-ışını ve radyoaktif izotopların ortaya çıkışından önce, birçok kanser türü görüntüleme teknikleri henüz geliştirilmediği için fark edilmeden büyüdü.)

8. Since the beginning of the 21st century, researchers ---- significant progress in understanding how genetic mutations ---- cancer growth.

- A) ~~made~~ / ~~influenced~~
- B) have made / influence
- C) ~~are making~~ / ~~had influenced~~
- D) ~~had made~~ / ~~will influence~~
- E) make / have influenced

Tanımlama?

8. **Since the beginning of the 21st century**, researchers ---- significant progress in understanding **how genetic mutations ---- cancer growth.**

- A) made / influenced  
 B) **have made** influence  
 C) are making / had influenced  
 D) had made / will influence  
 E) make / have influenced

zaman uyumu

8. Although fertility **has been declining** in the United States, **it has not reached** the crisis levels experienced in other parts of the world.

(Amerika Birleşik Devletleri'nde doğurganlık **azalmakta olsa da**, dünyanın diğer bölgelerinde deneyimlenen kriz seviyelerine ulaşmamıştır.)

has been vs  
has

9. The **absorption** of calcium ---- **the intestines** is highly **dependent** ---- **the presence of Vitamin D** in the body.

- A) with / for  
B) over / through  
✓ C) **through / on**  
D) at / about  
E) from / in

existence

9. The absorption of calcium ---- the intestines is highly dependent ---- the presence of Vitamin D in the body.

- A) with / for  
B) over / through  
C) through / on  
D) at / about  
E) from / in

9. Therapeutic dyad is a medical term for the relationship between the therapist and the patient, and it is within the context of the therapeutic dyad that positive changes in the patient's outlook and behaviours can take place.

(Terapötik diyad, terapist ile hasta arasındaki ilişki için kullanılan tıbbi bir terimdir ve hastanın bakış açısında ve davranışlarında olumlu değişikliklerin gerçekleşebilmesi, bu terapötik diyad bağlamı içerisindedir.)

10. In many patients, the symptoms of seasonal allergies are triggered --- exposure --- pollen from trees and grasses.

- ✓ A) by / to  
B) with / for  
C) through / against  
D) for / with  
E) on / by

from  
-den gelen

expose to  
subject to

10. In many patients, the symptoms of seasonal allergies are triggered ---- exposure ---- pollen from trees and grasses.

- A) by / to
- B) with / for
- C) through / against
- D) for / with
- E) on / by

edit who first

10. Recommended for patients for whom other weight loss options have failed, malabsorption refers to food passing directly through the digestive tract without the nutrients being absorbed by the body.

(Diğer kilo verme seçeneklerinin başarısız olduğu hastalar için önerilen "emilim bozukluğu", besinlerin vücut tarafından emilmeden yiyeceklerin doğrudan sindirim sisteminden geçmesini ifade eder.)

11. **Communication** --- healthcare providers **and** patients is **essential** --- achieving the best possible clinical outcomes.

A) among / at

B) **between / for**

C) about / with

D) within / over

E) through / towards

3+

2 people / things

vital

crucial

fundamental

11. Communication ---- healthcare providers and patients is essential ---- achieving the best possible clinical outcomes.

- A) among / at  
B) between / for  
C) about / with  
D) within / over  
E) through / towards

1. ile  
2. ve  
3. ila  
between A B

11. Radiologists can successfully differentiate among the types of tumours across the body by viewing the details of their makeup.

(Radyologlar, yapısal özelliklerinin ayrıntılarını inceleyerek vücuttaki tümör tipleri arasında başarılı bir şekilde ayırım yapabilirler.)

12. ---- **regular physical activity** is known **to reduce stress**, many individuals in high-pressure jobs **find it difficult to allocate time for exercise**.

A) Because

B) Although

C) If

D) Unless → kavul/zıt

E) Provided that

↳ paralel  
1 zıt

12. ---- regular physical activity is known to reduce stress, many individuals in high-pressure jobs find it difficult to allocate time for exercise.

- A) Because
- B) Although
- C) If
- D) Unless
- E) Provided that

M.L.  
12. Even though lung cancer is globally the leading cause of death from cancer, health experts believe it is also the most preventable type due to smoking's role in its development.

(Akciğer kanseri küresel olarak kanserden kaynaklanan ölümlerin önde gelen nedeni olsa da, sağlık uzmanları gelişmesindeki sigara kullanımını rolü nedeniyle bunun aynı zamanda en önlenbilir tür olduğuna inanmaktadır.)

13. The patient's condition began to improve after the surgery; ----, he was able to be discharged from the intensive care unit within two days.

- A) however  
B) on the contrary  
C) otherwise  
D) consequently  
E) even so

so, thus, hence, therefore

a = e

13. The patient's condition began to improve after the surgery; ----, he was able to be discharged from the intensive care unit within two days.

- A) however
- B) on the contrary
- C) otherwise
- D) consequently
- E) even so

u.k.,  
13. Stuttering usually begins between the ages of two and five years; however, there are instances when individuals begin to show stuttering-type behaviours in late childhood or as adults.

(Kekemelik genellikle iki ila beş yaşları arasında başlar; ancak bireylerin çocukluğun sonlarında, veya yetişkin olarak kekemelik tipi davranışlar göstermeye başladığı durumlar vardır.)

14. ---- generic drugs contain the same active ingredients as brand-name drugs, they are often much more affordable for patients.

- A) While 4  
B) Just as  
C) Whereas  
D) Since  
E) Even if 4

14. ---- generic drugs contain the same active ingredients as brand-name drugs, they are often much more affordable for patients.

- A) While  
B) Just as  
C) Whereas  
D) Since  
E) Even if

M.L.T.  
14. While dieting alone leads to a loss of lean tissue, a combination of moderate exercise and dietary restriction conserves muscle mass.

(Tek başına diyet yapmak yağsız doku kaybına yol açarken, orta düzeyde egzersiz ve diyet kısıtlamasının birleşimi kas kütlesini korur.)

M.K.

15. Surgeons **must sterilize** all equipment before an operation ---- **they can prevent any potential post-operative infections.**

A) **so that** = *in order that*

→ -mek için ✓  
→ -sin diye ✓

B) as if

C) although

D) even though

E) in case

**15. Surgeons must sterilize all equipment before an operation ---- they can prevent any potential post-operative infections.**

- A) so that
- B) as if
- C) although
- D) even though
- E) in case

**15. Photoreceptors are specialised cells lining the innermost layer of the eye that convert light into electrical messages so that the brain can perceive the environment.**

(Fotoreseptörler, beynin çevreyi algılayabilmesi için ışığı elektriksel mesajlara dönüştüren, gözün en iç tabakasını kaplayan özelleşmiş hücrelerdir.)

16. ---- the **exact cause** of Alzheimer's disease **remains unknown**, researchers **believe** that a **combination** of genetic and lifestyle factors plays a role.

- A) Now that *new* , *svo*  
B) Because  
✓ C) While  
D) Once  
E) As long as

16. ---- the exact cause of Alzheimer's disease remains unknown, researchers believe that a combination of genetic and lifestyle factors plays a role.

A) Now that

B) Because

✓ C) While

D) Once

E) As long as

→ (Although) → (whereas)  
yoklukta  
de. wr.

16. Because there is no genetic testing available for Marshall-Smith syndrome, all individuals are diagnosed through a careful physical examination and study of their medical history.

(Marshall-Smith sendromu için mevcut bir genetik test olmadığından, tüm bireylere dikkatli bir fiziksel muayene ve tıbbi geçmişlerinin incelenmesi yoluyla teşhis konur.)

17. ---- prescribing a high dose of medication initially, the doctor decided to start with a low dose to monitor the patient's reaction.

A) In addition to

✓ B) Instead of

C) In terms of

D) By means of

E) In spite of 4

opt for / choose  
prefer

karar verdi:  
prefer  
want

17. ---- prescribing a high dose of medication initially, the doctor decided to start with a low dose to monitor the patient's reaction.

- A) In addition to  
B) Instead of  
C) In terms of  
D) By means of  
E) In spite of

M.K.  
17. Instead of relying on a single treatment method, plague doctors employed a variety of methods to protect themselves and their patients from the contagion of the plague.

(Veba doktorları, tek bir tedavi yöntemine güvenmek yerine, kendilerini ve hastalarını veba bulaşmasından korumak için çeşitli yöntemler kullandılar.)

18. The global life expectancy has increased significantly over the last century ----

+ **advancements in medical technology and public health measures.**

A) regardless of

B) unlike

C) due to

D) contrary to

E) as well as

yani sir

(F)

thanks to = by means of  
via  
through

b=d

**18. The global life expectancy has increased significantly over the last century ---- advancements in medical technology and public health measures.**

- A) regardless of  
B) unlike  
 C) due to  
D) contrary to  
E) as well as

**18. Global rates of obesity and related diseases have increased in the 21st century to epidemic proportions in spite of the efforts of the health services, doctors and nutritionists.**

(Sağlık hizmetlerinin, doktorların ve beslenme uzmanlarının çabalarına rağmen, 21. yüzyılda küresel obezite ve buna bağlı hastalık oranları salgın boyutlarına ulaşmıştır.)

rare

19. In some rare cases, --- the surgery --- the subsequent chemotherapy was able to stop the progression of the aggressive tumor.

A) whether / or

B) both / and

C) either / or

D) neither / nor

E) not only / but also

= ε  
→ y<sub>2</sub> / y<sub>2</sub> d

**19. In some rare cases, ---- the surgery ---- the subsequent chemotherapy was able to stop the progression of the aggressive tumor.**

- A) whether / or
- B) both / and
- C) either / or
- D) neither / nor
- E) not only / but also

**19. Neither prescription medications nor herbal products have the ability to fully restore cognitive functions lost to permanent brain damage caused by Alzheimer's disease or traumatic brain injury.**

(Ne reçeteli ilaçlar ne de bitkisel ürünler, Alzheimer hastalığı veya travmatik beyin hasarının neden olduğu kalıcı beyin hasarı sonucu kaybedilen bilişsel fonksiyonları tamamen geri getirme yeteneğine sahiptir.)

20. Epinephrine is a **hormone** --- primary role is to prepare the body for a "fight or flight" response during stressful situations.

A) which

B) whose

C) where

D) that

E) who

(ki onun) ana rol-ü

noun

whose

role

ki onun

... sı

**20. Epinephrine is a hormone ---- primary role is to prepare the body for a "fight or flight" response during stressful situations.**

- A) which
- B) whose
- C) where
- D) that
- E) who

Convey  
transmit

**20. Hemoglobin is a protein whose main function is to transport oxygen from the lungs to tissues and carbon dioxide from tissues to the lungs.**

(Hemoglobin, temel görevi akciğerlerden dokulara oksijen ve dokulardan akciğerlere karbondioksit taşımak olan bir proteindir.)

**Cevap Anahtarı**

Soru	Cevap	Konu
1	E	İsim (Deterioration: Kötüleşme)
2	C	İsim (Suspension: Askıya alma/Durma)
3	D	Sıfat (Transient: Geçici)
4	B	Zarf (Continuously: Sürekli olarak)
5	A	Fiil (Alleviate: Hafifletmek/Azaltmak)
6	A	Phrasal Verb (Bring about: Sebep olmak)
7	C	Tense (Past Simple / Present Simple Passive)
8	B	Tense (Present Perfect / Present Simple)
9	C	Preposition (Through / Dependent on)
10	A	Preposition (By / Exposure to)

11	<b>B</b>	Preposition (Between / Essential for)
12	<b>B</b>	Bağlaç (Zıtlık - Although)
13	<b>D</b>	Bağlaç (Sonuç - Consequently)
14	<b>D</b>	Bağlaç (Sebep - Since/Because)
15	<b>A</b>	Bağlaç (Amaç - So that)
16	<b>C</b>	Bağlaç (Zıtlık - While)
17	<b>B</b>	Edat Yapısı (Instead of: Yerine)
18	<b>C</b>	Edat Yapısı (Due to: -den dolayı)
19	<b>D</b>	Bağlaç (Neither...nor: Ne...ne de)
20	<b>B</b>	Relative Clause (Whose: Onun/Onun ki)