

1. The overprescription of antibiotics has led to a worrying increase in antibiotic-resistant bacteria, posing a ---- challenge to global health systems.

- A) negligible
- B) temporary
- C) formidable
- D) spontaneous
- E) dismissive

2. Physicians must carefully assess a patient's symptoms ---- prescribing any form of treatment to ensure accuracy and avoid adverse effects.

- A) before
- B) since
- C) despite
- D) given
- E) as if

3. The placebo effect demonstrates how the mind can ---- physical symptoms in the absence of active medication.

- A) fabricate
- B) conceal
- C) alleviate
- D) regulate
- E) exaggerate

4. Medical professionals are ethically ---- to provide care regardless of a patient's background, beliefs, or socioeconomic status.

- A) opposed
- B) obligated
- C) hesitant
- D) privileged
- E) discouraged

5. As ---- the case with many previous ones, the recent pandemic ---- the need for better disease surveillance and international cooperation among countries.

- A) is / reinforced
- B) had been / had reinforced
- C) was / has reinforced
- D) will be / reinforces
- E) has been / will reinforce

6. The success ---- public health campaigns largely depends on the ability to convey clear and accurate messages ---- diverse populations.

- A) in / by
- B) on / at
- C) of / to
- D) into / among
- E) of / between

7. Prolonged exposure to high levels of stress hormones can ---- the immune system, making the body more susceptible to infections.

- A) stabilize
- B) compromise
- C) nurture
- D) enhance
- E) rejuvenate

8. Mental health awareness has gained prominence of late, ---- stigma surrounding psychological disorders still prevents many individuals from seeking help.

- A) so
- B) yet
- C) because
- D) if
- E) in case

**9. The new vaccine showed promising results ---- clinical trials, leading a significant reduction in infection rates ---- high-risk groups.**

- A) on / from
- B) at / into
- C) from / between
- D) in / among
- E) of / along

**10. One of the major breakthroughs ---- modern medicine is the ability to perform organ transplants -- -- rejection from the recipient's immune system.**

- A) in / without
- B) for / above
- C) with / over
- D) under / of
- E) by / through

**11. Genetic counseling is crucial for individuals ---- may transmit hereditary conditions such as cystic fibrosis or sickle cell anemia.**

- A) who
- B) whom
- C) which
- D) where
- E) when

**12. Having been unable to find any clues so far, the medical team ---- to conduct further tests to ---- the underlying cause of the patient's chronic fatigue.**

- A) had decided / to have determined
- B) has decided / to determine
- C) decided / determining
- D) will have decided / having determined
- E) decide / determined

**13. Patients recovering from surgery are often given physiotherapy exercises ---- they can restore mobility and speed up the healing process.**

- A) in case
- B) whereas
- C) as if
- D) so that
- E) in that

**14. ---- recent advances in neuroscience, our understanding how the brain adapts in response to trauma or injury have dramatically expanded.**

- A) In spite of
- B) Thanks to
- C) For the sake of
- D) On behalf of
- E) In contrast to

**15. The hospital implemented stricter hygiene protocols ---- the increase in hospital-acquired infections.**

- A) in response to
- B) regardless of
- C) along with
- D) in contrast to
- E) owing to

**16. Doctors rely on a combination of medical imaging and laboratory tests ---- they are to reach an accurate diagnosis.**

- A) unless
- B) so
- C) if
- D) although
- E) while

17. ---- rare, some patients may experience severe allergic reactions to certain medications.

- A) Because
- B) Unless
- C) Given that
- D) Although
- E) As though

18. In many rural areas, limited ---- to healthcare services continues to intensify health inequalities.

- A) access
- B) removal
- C) moderation
- D) resemblance
- E) resistance

19. Researchers are developing advanced prosthetic limbs that can respond ---- to neural signals from the brain.

- A) unusually
- B) directly
- C) indirectly
- D) hesitantly
- E) manually

20. ---- the complexity of cancer treatment, a multidisciplinary approach involving oncologists, surgeons, and psychologists is often necessary.

- A) Due to
- B) Except for
- C) Despite
- D) Similar to
- E) According to

## the answer key

1. C) formidable
2. A) before
3. C) alleviate
4. B) obligated
5. C) was / has reinforced
6. C) of /to
7. B) compromise
8. B) yet
9. D) in / among
10. A) in /without
11. A) who
12. B) has decided / to determine
13. D) so that
14. B) Thanks to
15. A) in response to
16. C) if
17. D) Although
18. A) access
19. B) directly
20. A) Due to

1. **Despite their popularity, energy drinks are often criticized for their ---- impact on health due to excessive caffeine and sugar content.**

A) beneficial  
B) detrimental  
C) voluntary  
D) promising  
E) artificial

2. **Although not always successful, many students attempt to divide and spend their time effectively for ---- study ---- leisure activities.**

A) neither / nor  
B) either / or  
C) the more / the less  
D) such / as  
E) so / that

3. **---- severely by an earthquake, the city required extensive rebuilding efforts that lasted for years.**

A) Damaged  
B) Damaging  
C) To damage  
D) Having damaged  
E) To have been damaged

4. **Vitamin D is considered ---- for the absorption of calcium and maintenance of bone health.**

A) negligible  
B) unnecessary  
C) essential  
D) harmful  
E) excessive

5. **Athletes often deal with physical ---- that require both patience and professional treatment to overcome.**

A) advancements  
B) injuries  
C) offers  
D) decisions  
E) measures

6. **---- improving physical health, regular exercise contributes significantly to mental well-being.**

A) Despite  
B) In addition to  
C) Because of  
D) On behalf of  
E) Instead of

7. **Certain lifestyle habits are closely linked ---- an increased risk ---- developing cardiovascular diseases.**

A) by / for  
B) with / of  
C) on / in  
D) for / at  
E) over / about

8. **The discovery of antibiotics was based ---- the idea of using microorganisms ---- combat harmful bacteria.**

A) upon / to  
B) on / at  
C) with / against  
D) in / of  
E) over / by

9. **Environmental activists continue to warn the public about the severe ---- of deforestation and climate change.**

- A) benefits
- B) consequences
- C) responses
- D) goals
- E) reductions

10. **By practicing mindfulness, people can improve mental processes ---- decision-making and emotional regulation.**

- A) in contrast to
- B) rather than
- C) on behalf of
- D) in place of
- E) such as

11. **The hormonal changes that occur during ---- play a crucial role in the development of secondary sexual characteristics.**

- A) employment
- B) puberty
- C) delivery
- D) discovery
- E) liberty

12. **---- the widespread availability of information on healthy diets, many people still struggle to make better food choices.**

- A) In contrast to
- B) Apart from
- C) In spite of
- D) As a result of
- E) Because of

13. **Anyone who ---- anxiety knows how profoundly it ---- their daily life and interactions.**

- A) has experienced / can affect
- B) will experience / might affect
- C) is experiencing / should affect
- D) experienced / could affect
- E) had experienced / must have affected

14. **Even decades later, the lessons learned from historical pandemics are still taken very ---- by global health organizations.**

- A) lightly
- B) seriously
- C) rarely
- D) superficially
- E) occasionally

15. **Air pollution is associated ---- an increased risk of respiratory problems, especially ---- urban areas.**

- A) from / for
- B) with / in
- C) on / at
- D) over / across
- E) through / by

16. **Therapists often design programs to ---- the specific physical and emotional needs of their patients.**

- A) invalidate
- B) address
- C) eliminate
- D) disregard
- E) enhance

17. **A sustainable development plan ---- energy conservation and encourages communities -- -- renewable resources.**

A) must include / adopted  
B) should include / to adopt  
C) has to include / to have adopted  
D) might include / to be adopted  
E) must include / having been adopted

18. **Extreme sports like skydiving and bungee jumping ---- adrenaline levels to their peak within seconds.**

A) hamper  
B) diminish  
C) elevate  
D) regulate  
E) suppress

19. **Researchers are ---- exploring the potential of genetic editing to cure hereditary diseases.**

A) reluctantly  
B) increasingly  
C) cautiously  
D) unintentionally  
E) inconsistently

20. **Approximately 15,000 people are diagnosed - --- diabetes in the U.S. each year, ---- half of whom require daily insulin therapy.**

A) with / about  
B) for / on  
C) by / over  
D) of / in  
E) under / around

**answer key**

1. B) detrimental
2. B) either / or
3. A) Damaged
4. C) essential
5. B) injuries
6. B) In addition to
7. B) with / of
8. B) on / to
9. B) consequences
10. E ) such as
11. B) puberty
12. C) In spite of
13. A) has experienced / can affect
14. B) seriously
15. B) with / in
16. B) address
17. B) should include / to adopt
18. C) elevate
19. B) increasingly
20. A) with / about