

1. **(I)** Golden rice, which has been genetically modified to prevent blindness in undernourished children, was judged safe to eat last week by the US Food and Drug Administration. **(II)** Genetically modified food is one of the most controversial inventions of the food industry. **(III)** The rice contains extra genes that make a precursor to vitamin A, which is vital for preventing childhood blindness. **(IV)** A single serving can supply half the recommended daily intake of vitamin A, according to its developers.

(V) The genes also give it its distinctive golden colour.

A) I B) II C) III D) IV E) V

2. **(I)** People sometimes hunt endangered species, like the tiger, to illegally sell the animal's body parts for souvenirs, and even food. **(II)** A lot of people in China think that the tiger can heal people. **(III)** For more than 3,000 years, Chinese medicine has used tiger parts to treat sickness and injury. **(IV)** Followers of this type of medicine believe that eating the animal's body parts will help cure diseases. **(V)** For instance, a tonic made of tiger-bone powder and herbs is used to treat bone injuries and diseases, like arthritis, a painful inflammation of the body's joints.

A) I B) II C) III D) IV E) V

3. **(I)** Health can, generally, be measured on some major parameters. **(II)** Good health helps a person to live life to its fullest potential without being physically or mentally unfit. **(III)** Physical health means the physical appearance of a person. **(IV)** Nutritional health is basically the presence of essential nutrients in the body to fight diseases with immunity. **(V)** Psychological health, on the other hand, is the ability in a person to maintain equilibrium in all circumstances of life.

A) I B) II C) III D) IV E) V

4. **(I)** Cow's milk is a staple in most of our refrigerators. **(II)** Packed with calcium, essential fats, protein and essential vitamins, it is publicized as a nutritious drink for the whole family, particularly for growing children. **(III)** There are various reasons why you need to buy goat's milk next time you go to the supermarket. **(IV)** But cow's milk isn't the only type of milk that is out there. **(V)** There are many other alternatives that you may want to consider for yourself and your child that are just as delicious and nutritious.

A) I B) II C) III D) IV E) V

5. **(I)** Chances that a hyperactive kid will end up in hospital with different complaints during childhood are quite high. **(II)** Every parent hears the complaint "Mummy, my tummy hurts" from time to time. **(III)** In kids, reasons for tummy troubles can vary widely, and trying to figure out what is causing the pain can be challenging. **(IV)** For instance, diarrhoea and gastroenteritis, or commonly known as stomach flu, are common reasons why kids with tummy pain show up at the children's emergency department. **(V)** Even constipation or emotional issues like stress and anxiety can cause stomach aches.

A) I B) II C) III D) IV E) V

6. **(I)** Sleep deprivation is detrimental to human health in many ways. **(II)** To begin with, around 20% of accidents on major roads are sleep-related, according to the Department of Transport. **(III)** Moreover, people who are sleep-deprived lose the ability to be positive-minded, which researchers say is likely to increase the likelihood of depression. **(IV)** There is also evidence that sleep deprivation increases the risk of obesity, heart disease and strokes. **(V)** In order to avoid coronary diseases, one should do exercises regularly.

A) I B) II C) III D) IV E) V

1. B 2. A
3. B 4. C
5. A 6. E