

## VERBS TABLE 18

A.YAYILMAK & YAYGIN OLMAK	B.PARÇALAMAK & PARÇALANMAK	C.BİRLEŞMEK & BİRLEŞTİRMEK	D.KÖTÜLEŞMEK GERİ GITMEK- BOZULMAK	E.YÜRÜRLÜKTEN & ORTADAN KALDIRMAK	
1.spread (out) ↑ 2.extend 3.expand → 4.enlarge → 5.swell* → 6.be common → 7.prevail → 8.reign* → <b>rule/govern</b>	1.break → 2.smash → 3.shatter 4.tear apart 5.dismantle 6.fragment	7.crumble ↑ 8.divide <b>division</b> ↓ 9.split → 10.separate - 11.disintegrate ↓	1.unite ← 2.merge 3.tie 4.combine 5.bring together 6.match 7.integrate <b>into</b> 8.connect 9.join / fuse	1.worsen 2.get/make worse 3.deteriorate 4.decay / <b>spoil</b> 5.decline 6.aggravate 7.degenerate 8.exacerbate* 9.intensify*	1.remove 2.eliminate 3.abolish → <b>abandoned place</b> 4.do away with 5.get rid of 6.take out 7.dispose <b>(of)</b> <b>disposable plastic bags</b>

### Exercise 1 - Collocation Test: Aşağıdaki ifadeleri doğru

şekilde tamamlanan sözcüğü bulunuz.

1. --- awareness / information / rumors / the news **gossip**  
 A) crumble **üçlemek**      B) spread **yayınlamak/yayılmak**
2. --- a box / family / piece of paper / sth apart  
 A) tear  
 B) bring
3. --- against the common enemy / behind a leader  
 A) united **birleşmek**      B) removed **ortadan kaldırılmak**
4. a condition / situation may --- if overlooked  
 A) abolish **kaldırmak**      B) deteriorate **kötüleşmek**
5. --- a problem like a heart disease or poverty / a possibility after careful consideration  
 A) eliminate **ortadan kaldırılmak**      B) divide **bölmek**
6. an attitude / peer pressure can --- among teenagers  
 A) tie **bıraktırmak**      B) prevail **baskın/yaygın olmak**
7. --- into smaller groups / two separate countries  
 A) divide **bölmek**      B) worsen **leşelesmek**
8. --- efforts / forces / ideas  
 A) decay  
 B) combine
9. --- a problem like traffic congestion / a condition  
 A) merge **birleşmek**      B) aggravate **kötüleşmek**
10. --- sth unwanted like an ugly old couch / sb to talk more privately  
 A) get rid of **kurtulmak**      B) bring together **bir araya getirmek**
11. --- from Türkiye to Europe / a message / ancient times / to all parts of the world  
 A) dispose **atmak**      B) extend **yayınlamak/getişlemek**
12. --- a machine to detect a problem / and reassemble sth  
 A) dismantle **parçalansın**      B) prevail **yaygın olmak**
13. --- two companies into one / together at the edges  
 A) merge **birleştirmek**      B) abolish **yürürlükten kaldırılmak**
14. --- a disease / a situation / a population's economic well-being  
 A) extend **yayınmak/yayılmak**      B) worsen **kötüleşmek**
15. --- even old stains / sb's doubts / sb from power or their post  
 A) remove **ortadan kaldırılmak**      B) decline **kötüleşmek/gerilemek**

**Verbs Table 18**

Exercise 2 – Verb Synonyms Test: Verilen sözcüklere anlamca yakın sözcükleri seçiniz.

1) “spread” means ----.

- A) combine
- B) remove
- C) deteriorate
- D) prevail
- E) break

2) “tear apart” means ----.

- A) dismantle
- B) worsen
- C) unite
- D) extend
- E) bring together

3) “merge” means ----.

- A) dispose
- B) aggravate
- C) get rid of
- D) split
- E) unite

4) “deteriorate” means ----.

- A) tie
- B) get worse
- C) get rid of
- D) spread
- E) fragment

5) “eliminate” means ----.

- A) worsen
- B) split
- C) merge
- D) get rid of
- E) expand

6) “extend” means ----.

- A) combine
- B) unite
- C) merge
- D) break
- E) expand

7) “divide” means ----.

- A) decline
- B) split
- C) dispose
- D) decay
- E) separate

8) “tie” means ----.

- A) disintegrate
- B) break
- C) tear apart
- D) dismantle
- E) merge

9) “aggravate” means ----.

- A) divide
- B) unite
- C) deteriorate
- D) split
- E) bring together

10) “get rid of” means ----.

- A) prevail
- B) eliminate
- C) get worse
- D) abolish
- E) do away with

11) “expand” means ----.

- A) extend
- B) merge
- C) combine
- D) crumble
- E) dismantle

12) “disintegrate” means ----.

- A) unite
- B) dispose
- C) separate
- D) tear apart
- E) spread out

13) “unite” means ----.

- A) get worse
- B) split
- C) decay
- D) remove
- E) combine

14) “worsen” means ----.

- A) break
- B) divide
- C) fragment
- D) aggravate
- E) deteriorate

15) “dispose” means ----.

- A) remove
- B) expand
- C) separate
- D) tear apart
- E) tie

**Tetanus, often linked to puncture wounds from rusty nails, can lead to muscle stiffness and spasms, and it is crucial to seek immediate medical care to prevent the infection from spreading and causing further complications.**

\*\*\* Küflü çivilerden gelen delici yaralarla sık sık ilişkili olan tetanoz, kas sertleşmesine ve spazmına yol açabilir ve ((enfeksiyonun yayılmasını ve daha fazla komplikasyona yol açmasını önlemek için)) derhal tıbbi yardım almak hayatıdır.

Aramak: seek

Yaymak: spread / scatter / distribute / dispense

Sebep olmak: cause, lead to, result in, bring about, induce

Önlemek / engellemek: prevent (the infection) from Ving

Yara: injury, wound

Küflü / paslı: rusty

Hayati: critical, significant, considerable, vital, crucial



**Vitamin D, along with other essential nutrients, plays a crucial role in maintaining overall health and wellbeing, as they unite to support various bodily functions and promote optimal functioning of the immune system.**

Düzen gerekli besinlerin yanı sıra D vitamini, tam sağlığı ve iyi oluş halini korumada çok önemli bir rol oynar çünkü çeşitli vücut fonksiyonları desteklemek için ve bağışıklık sisteminin en iyi şekilde çalışmasını teşvik etmek için bir araya gelirler.

-nın yanısıra: in addition to, besides, apart from, together with, along with

İyi oluş hali: wellbeing

Bir araya gelmek: join, merge, tie, bring together, get together, unite

Teşvik etmek: foster, promote

Gerekli: essential, key

Korunmak / sürdürmek: retain, keep, preserve, conserve

Desteklemek: support, aid, back up, assist

Bağışıklık: immune

**Efficient and accessible public health measures, such as vaccinations and health education campaigns, aim to prevent the spread of diseases and improve overall well-being so that the impact of health conditions does not worsen.**



**Bacterial infections can be effectively treated with antibiotics, but it is essential to complete the full course of drugs unless advised by a healthcare professional, to completely eradicate the infection.**

Bakteriyel enfeksiyonlar antibiyotiklerle etkili bir şekilde tedavi edilebilir ama ilaç kullanımının tüm sürecini tamamlamak bir sağlık uzmanı tarafından tavsiye edilmedikçe enfeksiyonu tamamıyla ortadan kaldırmak için gereklidir.

Ortadan kaldırmak: eliminate, abolish, eradicate  
-mezse / -medikçe: unless  
Tedavi etmek: treat (heal, cure: iyileştirmek)  
Tamamıyla: completely  
?? neden ‘to eradicate’: ‘mek / mak için’- amaç bildirir  
?? neden ‘to complete’: ‘essential (sifat) + to verb



## VERBS TABLE 19

A. ÖZLEMEK	B. KARIŞTIRMAK	C. SARMAK & KUŞATMAK	D. ÜSTESİNDEN GELMEK	E. İLERLEMEK
1. miss ↘ ↗ 2. yearn for ↗ 3. long for ↗ 4. crave for ↗ 5. desire* 6. aspire* 7. want / need / require	1. mix ⚡ 2. blend ⚡ 3. stir ⚡ 4. confuse* 5. merge* 6. combine 7. join*/ unite*	1. wrap ↗ 2. engulf / enclose 3. surround 4. encircle 5. cover 6. enfold 7. coat 8. overwhelm*	1. overcome 2. get over 3. defeat / beat 4. eliminate 5. overpower 6. subdue 7. suppress 8. conquer	1. march 2. advance 3. proceed 4. progress 5. move/go forward 6. move ahead
	unity —			conquer

Exercise 1 - Collocation Test: Aşağıdaki ifadeleri doğru şekilde tamamlayan sözcüğü bulunuz.

1. --- for the good old days / to hear from sb  
 A) march **ilerlemek**      B) long **long**
2. --- the egg and cream / in with the others  
 A) eliminate **ortadan kaldırma**      B) blend **karıştırma**
3. --- by books and papers / three seas  
 A) surrounded **cezvelenme**      B) defeated **bırakma ugratma**
4. --- an illness / the shock of being made redundant  
 A) wrap up      B) get over **recover**
5. --- steadily / greatly / in our understanding of the universe  
 A) stir **karıştırma**      B) advance **ilerlemek**
6. --- for critical approval / to be alone  
 A) yearn **isteme**      B) engulf **sarma**
7. --- sth for sth else / sb for sb else / fact and fiction  
 A) confuse **karıştırma**      B) mix **karıştırma**
8. --- the mind / with information / with tasks  
 A) defeat **bırakma ugratma**      B) overwhelm **başına basma meşgul etme**
9. --- difficulties / obstacles / resistance  
 A) overcome **üstesinden gelme**      B) overwhelm
10. --- into an office / through a city / in formation  
 A) surround **cezvelenmek**      B) march **ilerlemek**
11. --- sb when they are away / a call / the deadline  
 A) miss **kaçırma özleme**      B) advance **ilerlemek**
12. --- a mixture / some milk into coffee / the leaves on a path / sb up  
 A) conquer **getirme**      B) stir **karıştırma**
13. --- an entire region / a house / farmlands  
 A) engulf **sarma**      B) long **isteme**
14. --- a rival / the other team  
 A) defeat **bırakma ugratma**      B) blend **karıştırma**

## Verbs Table 19

- 8) **sarmak**  
 "surround" means ----.  
 A) overwhelm  B) suppress  C) overcome   
 D) overpower  E) defeat

Exercise 2 – Verb Synonyms Test 4: Verilen sözcüklere anlamca yakın sözcükleri seçiniz.

1) "yearn" means ----.

- A) confuse      B) mix      C) wrap  
 D) conquer     E) miss

9) "get over" means ----.

- A) wrap      B) eliminate      C) blend  
 D) march     E) confuse

2) "blend" means ----.

- A) get over      B) stir      C) subdue  
 D) long      E) surround

10) "proceed" means ----.

- A) engulf      B) surround      C) march  
 D) wrap      E) yearn

3) "engulf" means ----.

- A) overwhelm      B) yearn      C) overpower  
 D) miss      E) defeat

11) "advance" means ----.

- A) defeat      B) march      C) overcome  
 D) eliminate     E) stir

4) "overcome" means ----.

- A) proceed  B) who  C) mix   
 D) get over  E) conquer ?

12) "miss" means ----.

- A) conquer      B) yearn      C) wrap  
 D) overpower     E) engulf

5) "march" means ----.

- A) overwhelm      B) advance      C) suppress  
 D) confuse      E) stir

13) "stir" means ----.

- A) blend      B) subdue      C) wrap  
 D) long      E) surround

6) "long" means ----.

- A) yearn      B) overpower      C) wrap  
 D) miss      E) subdue

14) "overwhelm" means ----.

- A) overcome      B) engulf      C) miss  
 D) blend      E) yearn

7) "mix" means ----.

- A) march      B) blend      C) miss  
 D) stir      E) advance

15) "subdue" means ----.

- A) proceed      B) surround      C) advance  
 D) march      E) suppress

**Proper digestion is crucial for the absorption of nutrients because any disruption in the digestive process can confuse the body's ability to extract essential vitamins and minerals from food.**

Düzung sindirim (((besinlerin emilimi için))) hayatıdır çünkü sindirim sürecindeki herhangi bir bozulma vücudun ((( yiyeceklerden gelen gerekli vitaminleri ve mineralleri alma))) kabiliyetini bozabilir.

Çıkarmak: extract

Çünkü: as / since / for / because

Karıştırmak: mix, stir, blend, confuse

yıkım / bozulma: disruption (disrupt – devastate – harm – damage)

Sindirim: digestion

Emilim: absorption (absorb: emmek / suck)

Stress hormones released by the brain can surround the body, triggering physiological responses and influencing various systems, including the cardiovascular and immune systems.

\*\*\* Beyin tarafından salınan stres hormonları vücutu çevreleyebilir, fizyolojik tepkimele sebep olabilir ve kardiyovasküler ve bağıksızlık sistemleri dahil çeşitli sistemleri etkileyebilir.

Etkilemek: impact, affect, influence

Salmak: unleash, release, let loose

çevrelemek: encircle, enclose, surround

tetiklemek / sebep olmak: bring about, stimulate, trigger

Çeşitli: diverse, various

?neden 'triggering': 'Ving'

**Aspirin is commonly used to relieve pain and reduce inflammation, in addition to its ability to help overcome fever and prevent blood clotting.**

Aspirin, yaygın bir şekilde (((ateşin üstesinden gelmeye ve kan pihtalarını engellemeye yardımcı olma kabiliyetinin yanısına))) ağrıyı gidermek ve iltihabı azaltmak için kullanılır.

Üstesinden gelmek: get over, overcome

Gidermek / hafifletmek: alleviate, relieve

İltihap: inflammation

Azaltmak: drop, fall, decline, go down, diminish, mitigate, dwindle, reduce

Engellemek / önleme: prevent

??? neden 'overcome': 'help + to V / V0'

-nın yanısına: as well as, apart from, besides, along with, together with, aside from, in addition to

?? neden 'to relieve': 'is used (pasif) + to verb'

**Smokers are well aware of the harmful effects of smoking, such as increased risk of lung cancer and heart disease, but many choose to proceed despite the known health risks.**

\*\*\* Sigara içenler sigara içmenin (((yüksek akciğer kanser ve kalp kriz riski gibi))) zararlı etkilerinin oldukça farkındadır ama bir çoğu bilinen sağlık risklerine rağmen sigara içmeye devam etmeyi seçecekler.

Seçmek: pick, select, opt, choose

Zararlı: harmful / harmless: zararsız

Gibi: such as / like

İlerlemek / devam etmek: proceed / carry on / keep on / go on / continue

-e rağmen: in spite of / despite

çok farkında: well aware

Yüksek: increased