

1. (I) Golden rice, which has been genetically modified to prevent blindness in undernourished children, was judged safe to eat last week by the US Food and Drug Administration. (II) Genetically modified food is one of the most controversial inventions of the food industry. (III) The rice contains extra genes that make a precursor to vitamin A, which is vital for preventing childhood blindness. (IV) A single serving can supply half the recommended daily intake of vitamin A, according to its developers. (V) The genes also give it its distinctive golden colour.

- A) I    B) II    C) III    D) IV    E) V

Genel  
Tanim

haberci  
öncü

angora

angora

angora

2. (I) People sometimes hunt endangered species like the tiger to illegally sell the animal's body parts for souvenirs, and even food. (II) A lot of people in China think that the tiger can heal people. (III) For more than 3,000 years, Chinese medicine has used tiger parts to treat sickness and injury. (IV) Followers of this type of medicine believe that eating the animal's body parts will help cure diseases. (V) For instance, a tonic made of tiger-bone powder and herbs is used to treat bone injuries and diseases, like arthritis, a painful inflammation of the body's joints.

A) I

B) II

C) III

D) IV

E) V

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3. (I) Health can, generally, be measured on some major parameters. (II) Good health helps a person to live life to its fullest potential without being physically or mentally unfit. (III) Physical health means the physical appearance of a person. (IV) Nutritional health is basically the presence of essential nutrients in the body to fight diseases with immunity. (V) Psychological health, on the other hand, is the ability in a person to maintain equilibrium in all circumstances of life.

- A) I      B) II      C) III      D) IV      E) V

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main type of food

4. (I) Cow's milk is a staple in most of our refrigerators. (II) Packed with calcium, essential fats, protein and essential vitamins, it is publicized as a nutritious drink for the whole family, particularly for growing children. (III) There are various reasons why you need to buy goat's milk next time you go to the supermarket. (IV) But cow's milk isn't the only type of milk that is out there. (V) There are many other alternatives that you may want to consider for yourself and your child that are just as delicious and nutritious.

A) I      B) II      C) III      D) IV      E) V

5. **(I)** Chances that a hyperactive kid will end up in hospital with different complaints during childhood are quite high. **(II)** Every parent hears the complaint "Mummy, my tummy hurts" from time to time. **(III)** In kids, reasons for tummy troubles can vary widely, and trying to figure out what is causing the pain can be challenging. **(IV)** For instance, diarrhoea and gastroenteritis, or commonly known as stomach flu, are common reasons why kids with tummy pain show up at the children's emergency department. **(V)** Even constipation or emotional issues like stress and anxiety can cause stomach aches.

A) I      B) II      C) III      D) IV      E) V

6. **(I)** Sleep deprivation is detrimental to human health in many ways. **(II)** To begin with, around 20% of accidents on major roads are sleep-related, according to the Department of Transport. **(III)** Moreover, people who are sleep-deprived lose the ability to be positive-minded, which researchers say is likely to increase the likelihood of depression. **(IV)** There is also evidence that sleep deprivation increases the risk of obesity, heart disease and strokes. **(V)** In order to avoid coronary diseases, one should do exercises regularly.

- A) I      B) II      C) III      D) IV      E) V

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|----|---|----|---|
| 1. | B | 2. | A |
| 3. | B | 4. | C |
| 5. | A | 6. | E |