

VERBS TABLE 24

A. MEYİLLİ OLMAK	B. İCAT ETMEK & GELİŞTİRMEK	C. YALAN /MAZERET UYDURMAK	D. MUZDARİP OLMAK & ÇEKMEK	E. ZULMETMEK & İŞKENCE ETMEK
1. tend to 2. be inclined / predisposed to 3. be apt / (prone to) 4. be likely to 5. have a tendency 6. have propensity to Get rid of / dispose of	1. invent 2. devise 3. develop 4. formulate 5. create 6. engineer 7. form 8. craft 9. build	1. fabricate 2. make up 3. cook up 4. lie manufacture make up a	1. suffer (from) 2. be / come down with 3. endure 4. withstand* that they can endure	1. suppress 2. oppress 3. torture 4. maltreat 5. tyrannize 6. bully 7. terrorize 8. intimidate

susceptible/vulnerable

Exercise 1 - Collocation Test: Aşağıdaki ifadeleri doğru şekilde tamamlayan sözcüğü bulunuz.

1. ---- to get cold winters / be like one's parents

A) tend

eğiliminde olmak

B) formulate

yaratmak

2. ---- language games / a common strategy / program

A) suppress
zulmetmek

B) devise

yaratmak

3. ---- an excuse to avoid trouble / evidence against sb

A) fabricate
uydurmak

B) develop

geliştirmek

4. ---- with an illness like the flu

A) be down
gelmek

B) be apt

eğiliminde olmak

5. ---- the poor / scientific debate / women of all groups

A) suffer

müzarip olmak

B) oppression (n.)

zulmetmek

angel of the house

6. ---- to leak on rainy days / be a little forgetful when stressed

A) be apt
meylli olmak

B) be down
come

7. ---- a new drug / new laws / an explanation

A) maltreat
kötü davranmak

B) invent

icat etmek

8. ---- a good excuse for being late / a lie

A) make up
uydurmak

B) torture

işkence etmek

9. ---- the consequences / from allergies / in silence

A) suffer
müzarip olmak

B) create

yaratmak

10. physically / emotionally ---- sb / animals

A) maltreat
kötü davranmak

B) invent

yaratmak

11. ---- to be lazy / agree with others

A) suffer
müzarip olmak

B) be inclined

eğiliminde olmak

12. ---- a plan / policy / legislation

A) formulate
öretmek

B) bully

zorbalık yapmak

13. ---- an excuse / some weird scheme to earn a fortune

A) come down with
müzarip olmak

B) make up

uydurmak

14. ---- an uprising / a feeling like anger / annoyance / delight

A) devise

öretmek yaratmak

B) suppress

bası yapmak

15. ---- to suffer from drought / run off if not on leash

A) torture
işkence etmek

B) be apt

meylli olmak

Verbs Table 24

Exercise 2 – Verb Synonyms Test: Verilen sözcüklere anlamca yakın sözcükleri seçiniz.

1) “tend to” means ----.

- A) create B) be apt to C) invent
D) develop E) come down with

2) “devise” means ----.

- A) suffer B) cook up C) invent
D) torture E) maltreat

3) “make up” means ----.

- A) oppress B) tend to C) fabricate
D) be down with E) be inclined to

4) “suffer” means ----.

- A) devise B) invent C) develop
D) be apt to E) be down with

5) “oppress” means ----.

- A) create B) fabricate C) suppress
D) suffer E) torture

6) “be apt to” means ----.

- A) invent B) devise C) create
D) tend to E) maltreat

7) “formulate” means ----.

- A) tend to B) be apt to C) invent
D) oppress E) devise

8) “fabricate” means ----.

- A) make up B) suffer C) maltreat
D) develop E) come down with

9) “be down with” means ----.

- A) create B) torture C) suffer
D) suppress E) be inclined to

10) “maltreat” means ----.

- A) devise B) oppress C) develop
D) tend to E) formulate

11) “be inclined to” means ----.

- A) suppress B) create C) invent
D) tend to E) fabricate

12) “invent” means ----.

- A) suffer B) devise C) formulate
D) be inclined to E) be apt to

13) “torture” means ----.

- A) tend to B) cook up C) develop
D) make up E) maltreat

14) “suppress” means ----.

- A) create B) tend to C) devise
D) oppress E) invent

15) “develop” means ----.

- A) formulate B) be apt to C) suffer
D) invent E) be down with

Because some individuals tend to develop a food allergy when (they are) exposed to certain allergens, it is crucial to identify triggers and avoid them to prevent allergic reactions.

*** Bazı bireyler, ((belli başlı alerjenlere maruz kaldıklarında) yiyecek alerjisi geliştirme eğiliminde olduğu için tetikleyicileri belirlemek ve alerjik tepkimeleri engellemek için onlardan sakınmak çok önemlidir.

Belirlemek: spot, locate, identify, pin down

Maruz kalmak: be exposed to (expose: maruz bırakmak)

Eğiliminde olmak: be apt to, be inclined to, tend to

Engellemek / önlemek: prevent

Kaçınmak: avoid

-dığı için: since, as, because

Hayati / önemli: vital, critical, important, considerable, crucial

Tetikleyiciler: triggers

??? 'to identify': 'crucial (sıfat) + to verb

'when' sonrası atılmış özne ne:

Just as physical exercise helps develop and maintain a healthy body, mental stimulation and social engagement are essential to prevent cognitive decline and dementia.

*** Fiziksel egzersizin tıpkı sağlıklı bir vücudu geliştirmeye ve korumaya yardımcı olduğu gibi, zihinsel mental uyarım ve sosyal katılım zihinsel çöküşü ve demensi önlemek için gereklidir.

Geliştirmek: develop / improve / advance / thrive / flourish / blossom / bloom

Tıpkı...dığı gibi: just as

??? 'develop': 'help + develop / to develop / to be developed

??? 'to prevent': essential: sıfat + to verb /// busy Ving...

??? just as en belirgin özelliği nedir::

Katılım:engagement (engage in / with)

Zihinsel: cognitive

Çöküş: fall, collapse, decline

Dürtü / tetikleme: stimulation (stimulate / lead to / cause /

bring about / result in / give rise to)

Sürdürmek / sağlamak / korumak: maintain / keep /

sustain / retain

angora
enŞilize

Taking proper care of wounds is crucial for PREVENTING infections and ensuring proper healing, so that individuals do not suffer from complications or prolonged recovery.

*** (((Bireyler komplikasyonlardan ya da uzun süreli iyileşmelerden müzdarip olmasın diye))) yaraların uygun bakımını yapmak enfeksiyonları önlemek ve uygun iyileşmeyi sağlamak için çok önemlidir.

Yara: wound, scar

Müzdarip olmak / acı çekmek: suffer (from)

Uzun süreli: ongoing, prolonged (prolong: sürmek)

Garanti etmek: guarantee, ensure, make sure, assure, comfort

Uygun: proper, suitable, eligible

Iyileşme (2): recovery / healing

önlemek: prevent

-sın diye: so that / in order that

'so that' belirleyicisi normalde nedir: kendi içerisine modal (can / could)

The brain relies on essential vitamins to function properly, and maltreating our body by neglecting these nutrients can have negative impacts on cognitive health.

??? 'to function': -mek / mak için

*** Beyin düzgün bir şekilde çalışmak için gerekli vitaminlere ihtiyaç duyar ve bu besinleri ihmal ederek vücudumuza kötü davranmak zihinsel sağlığımız üzerinde negatif etkiler yapabilir.

Bel bağlamak: count on, depend on, rely on

Etkiler: influences, effects, impacts

Zihinsel: cognitive (cognition)

Ihmal etmek: neglect

Kötü davranmak: maltreat, torture

Uygun bir şekilde: properly

??? 'on': influence / effect / impact / focus / concentrate:

on

??? 'neglecting': 'by (edat) + Ving'

angora
enŞilish

VERBS TABLE 25

A.OLUŞTURMAK & TEŞKİL ETMEK	B.İLE TANIMLANMAK	C.HALLETMEK, ÇÖZMEK - BULMAK	D.ÖVMEK & BEĞENMEK	E.İNCELEMEK
1. pose	1. be marked by	1. sort out →	1. praise	1. investigate
2. constitute constitution	2. be characterised by	2. work out	2. acclaim	2. inspect (ion) (ation)
3. account for }	3. feature	3. take care of	3. applaud	3. examine
4. make up →	4. be credited with	4. settle →	4. compliment	4. scrutinise
5. form →	5. be known for	5. figure out	5. credit α	5. look into look up to look down
6. comprise }	6. be synonymous with*	6. iron out X	6. acknowledge	6. check (up)
7. be	7. be associated with*	7. come up with bulmak	7. hail α	7. study look up look at
8. amount to →	8. be linked / related			8. probe
9. represent* →				9. observe

Exercise 1 - Collocation Test: Aşağıdaki ifadeleri doğru şekilde tamamlayan sözcüğü bulunuz.

- a danger / risk / threat
A) praise övmek B) pose oluşturmak
- be --- obsolete technology / its complex nature
A) acclaimed övmek B) characterised by ile tanımlanmak
- how much each person owes / a way to do sth
A) credit B) sort out çözmek
- sb on their handling of a difficult situation
A) compliment övmek B) feature göstermek / ile tanımlamak
- a car for damage or leak / a kitchen
A) form oluşturmak B) inspect incelemek
- the vast majority of a group / 32% of the total value
A) account for oluşturmak B) figure out çözmek
- important events / some decline
A) be marked by tanımlanmak B) be taken care of dikkatlenmek
- the combination to open a safe / how / what / why
A) make up oluşturmak B) figure out çözmek
- sb for their honesty / sb's courageous decision
A) praise övmek B) scrutinise incelemek
- thoroughly / closely --- a wreckage for clues about the cause of an explosion
A) examine incelemek B) pose oluşturmak
- a barricade across a road / the basis of a report
A) settle çözmek B) form oluşturmak
- some outstanding performers / a report on victims of domestic violence
A) make up oluşturmak B) feature
- a problem / a compromise between warring factions
A) work out çözmek B) come up with bulmak
- sb as a genius in their field
A) acknowledge kabul etmek B) feature
- the possibility of merging two departments / reasons for a decision
A) take care of B) look into incelemek

Verbs Table 25

Exercise 2 – Verb Synonyms Test 4: Verilen sözcüklere

anlamca yakın sözcükleri seçiniz.

- 1) “account for” means ----.
A) sort out B) feature C) make up
D) praise E) be marked by
- 2) “be characterised by” means ----.
A) form B) acclaim C) work out
D) constitute E) feature
- 3) “figure out” means ----.
A) make up B) inspect C) scrutinise
D) account for E) sort out
- 4) “compliment” means ----.
A) praise B) pose C) examine
D) settle E) work out
- 5) “investigate” means ----.
A) examine B) inspect C) constitute
D) acknowledge E) be characterised by
- 6) “form” means ----.
A) work out B) be marked by C) come up with
D) constitute E) be characterised by
- 7) “be marked by” means ----.
A) compliment B) settle C) constitute
D) sort out E) be characterised by
- 8) “sort out” means ----.
A) investigate B) hail C) look into
D) work out E) figure out
- 9) “praise” means ----.
A) inspect B) compliment C) make up
D) look into E) scrutinise
- 10) “examine” means ----.
A) form B) look into C) scrutinise
D) feature E) account for
- 11) “make up” means ----.
A) take care of B) form C) praise
D) look into E) constitute
- 12) “feature” means ----.
A) figure out B) compliment C) be marked by
D) examine E) account for
- 13) “come up with” means ----.
A) form B) figure out C) hail
D) pose E) inspect
- 14) “acknowledge” means ----.
A) acclaim B) praise C) scrutinise
D) sort out E) account for
- 15) “inspect” means ----.
A) work out B) pose C) constitute
D) account for E) examine

Over the past few decades, modern society has witnessed a significant increase in the prevalence of a sedentary lifestyle, which can be characterized by prolonged periods of sitting and a lack of physical activity.

*** Son bir kaç on yılda modern toplum (((hareketsiz bir yaşam tarzında))) önemli bir artışa şahitlik etti, ki bu uzun süreler oturma ve fiziksel aktivite eksikliği ile tanımlanabilir.

Tanımlanmak: be characterized by

Durağan: sedentary

Yaygınlık: prevalence (prevail over)

Önemli: significant

Tanıklık etmek: witness

??? 'has witnessed': ForInDuringOverWithin + the + last /

past + zaman: present perfect

??? 'of physical ...' neden 'of': lack of / dispose of

??? 'in': artış / azalış: in edatı alır: increase / decrease / rise

/ decline IN edatı alır::: on the rise / rise in

inEnglish

inEnglish

inEnglish

inEnglish

Regular health check-ups and lifestyle modifications are essential to identify and sort out potential risk factors for cardiovascular disease; therefore, early prevention and intervention can significantly improve heart health.

*** Düzeli sağlık kontrolleri ve yaşam tarzı değişiklikleri kardiovasküler hastalık için risk faktörlerini belirlemek ve çözmek için gereklidir, bu yüzden erken önlem ve müdahale ciddi anlamda kalp sağlığını geliştirebilir.

Belirlemek: spot, locate, identify

Kalp-damar: cardiovascular

Müdahale: intervention (intervene in)

Geliştirmek: improve

Düzenli: regular

Ciddi şekilde: considerably, markedly, noticeably, significantly

Bu yüzden: thus, thereby, hence, as a result, therefore

inEnglish

inEnglish

inEnglish

inEnglish

To ensure efficient breathing and relieve tension, doctors thoroughly examine the respiratory system, assess lung function, and provide appropriate interventions to optimize respiratory health.

**** Etkin nes almayı garanti etmek ve gerilimi azaltmak için, doktorlar (solunum sağlığını optimize etmek için) tamamiyle solunum sistemini inceler, akciğer fonksiyonunu değerlendirir ve uygun müdahaleleri yaparlar.

Garanti etmek: assure, make sure, guarantee, ensure

Tamamiyle: thoroughly, completely

Değerlendirmek: assess, evaluate

Gerginlik: tension

Müdahale: intervention

Solunum: respiratory

İncelemek: inspect, examine

Sağlamak: provide

??? 'to optimize': '-mek / mak için'

inEnglish

inEnglish

inEnglish

inEnglish

While stress can contribute to various diseases and pose significant health risks, adopting stress-reduction techniques and incorporating vitamins ---- (into) one's diet can positively impact brain health and overall well-being.

*** Stres çeşitli hastalıklara sebep olabilmesine ve ciddi sağlık riskleri oluşturabilmesine rağmen, stres azaltma tekniklerini benimsemek ve vitaminleri bir kişinin beslenmesinin içerisine dahil etmek pozitif bir şekilde beyin sağlığını ve tam iyi oluş halini etkileyebilir.

Sebepl olmak: contribute to, lead to, trigger, stimulate, induce

Etkilemek: influence, affect, impact

Tam / tüm: overall, complete

Dahil etmek: incorporate

Azaltma: reduction

Benimsemek: adopt, accept, embrace

Oluşturmak: pose

-e rağmen / ken: while, much as, although, even if, even though, despite the fact that, in spite of the fact that

??? 'into':

inEnglish

inEnglish

inEnglish

inEnglish