

34 It is **necessary to wear sunscreen to protect the skin from harmful UV rays and reduce the risk of skin cancer.**

Necessary: required  
to wear / sıfat + to Verb  
to protect / to reduce  
mek/mak için  
protect ..... from  
separate ..... into

**Finding an unusual lump or growth on your body should always be checked by a healthcare professional to rule out any serious health conditions.**

mek/mak için

Unusual: weird, bizarre, uncommon, peculiar, odd

On sbs body...

Should be checked

Should: se / sa iyi bilir / meli / mali

Should be checked: modal + be + V3: pasif

Serious: severe: injury, wound

Serious situation: serious decline

A massive heart attack can cause significant damage to the heart muscle and can be life-threatening if not treated immediately.

massive => enormous, tremendous, giant, colossal, huge  
signifi: ant => considerable

Can: -ebilir (may, might, be likely to, could) (olasılık, kabiliyet)

Cause: sebep olmak, neden olmak, yol açmak (bring about, result in, give rise to, lead to, trigger, induce, contribute to)

Damage / menace / risk ---- (to edatı ile kullanımları sık)

Threaten: tehdit etmek (threat: tehdit)

if the massive heart attack (resulting condition) is not treated.

**In some countries, it is compulsory to have health insurance to ensure access to necessary medical care and avoid financial burden in case of illness or injury**

Compulsory: mandatory, obligatory, required

To have: to verb???: mandatory (adj + to verb)

Insure / ensure / guarantee / make sure: garanti etmek:

To ensure / to avoid: mek / mak için

Access / home: to edatı ile kullanılır. Home to / unique to / peculiar to / access to / damage to / menace to

Avoid / neglect (ihmal etmek) / overlook (görmezden gelmek)

In case of: durumunda / in case of emergency / fire / explosion

36 Feeling dizzy or lightheaded after standing up suddenly can be a weird sensation, but it is often a normal physiological response.

After standing up: after / before / when: V2

After you stand up

Can be: ebilir : may / might / could / be likely to (olasılık / kabiliyet)

But: nevertheless, however, yet, nonetheless

weird => odd, bizarre, unusual, uncommon, peculiar

ADJECTIVES TABLE 2

A. ANİ / ACİL	B. İSTİKRARLI / SABİT*	C. BOL-ÇOK	D. MUHTEŞEM - HARİKA - ÇARPICI
1. sudden →	1. steady →	1. abundant →	1. amazing →
2. abrupt →	2. stable →	2. numerous →	2. astonishing →
<b>Aceleci</b>	3. consistent* →	3. plenty	3. beautiful
3. hasty →	4. fixed* →	4. plentiful →	4. <u>breath taking</u> →
4. rushed	5. persistent →	5. ample →	5. brilliant →
<b>Acil</b>	6. constant →	6. considerable* } 7. substantial* }	6. fabulous →
5. urgent →	7. regular*	8. copious	7. fascinating →
6. pressing	8. dependable*	9. bountiful	8. great
<b>Yakın</b>	<i>fix → repair</i>		9. impressive
1. immediate →	<i>depend on</i>	<b>Çarpıcı</b>	10. magnificent
2. close		16. stunning →	11. outstanding
3. approaching →		17. striking →	12. picturesque
4. near		<b>Cezbedici</b>	13. remarkable
		18. charming	14. wonderful
		19. alluring	15. spectacular

Exercise 1 - Collocation Test: Aşağıdaki ifadeleri doğru şekilde tamamlayan sözcüğü bulunuz.

- change / shift / eruption  
A) plentiful B) sudden *profound*
  - scenery / performance / structure  
A) near B) magnificent *impact*
  - resources / supply  
A) abundant B) charming *attract*
  - achievement / contribution  
A) great B) plenty *extensively investigate*
  - change / transition  
A) immediate B) abrupt
  - improvement / effort  
A) ample B) abrupt
  - amount / increase / difference  
A) considerable B) hasty
  - performance / achievement / results  
A) numerous B) impressive
  - need / situation  
A) urgent B) regular
  - journey / experience  
A) fascinating B) approaching *remarkably little*
  - increase / improvement / investment  
A) close B) substantial *abundant*
  - achievement / discovery / success  
A) dependable B) remarkable
  - action / assistance / result  
A) immediate B) abundant
  - support / source  
A) dependable B) rushed
  - performance / achievement  
A) copious B) stunning / striking
  - scenery / finish  
A) spectacular B) stable *charming*
- scene*

1) "sudden" is closest in meaning to -----.

- immediate    B) abrupt    C) fixed ~~α~~  
D) stable ~~α~~    E) regular ~~α~~

2) "steady" is closest in meaning to -----.

- fixed    B) abundant ~~α~~     stable  
D) immediate ~~α~~     consistent

3) "abundant" is closest in meaning to -----.

- numerous    B) consistent ~~α~~     plentiful  
 plenty    E) steady ~~α~~

4) "amazing" is closest in meaning to -----.

- brilliant    B) urgent ~~α~~     breath-taking  
D) approaching ~~α~~     astonishing

5) "fabulous" is closest in meaning to -----.

- fascinating     great    C) dependable ~~α~~  
D) consistent ~~α~~     impressive

6) "hasty" is closest in meaning to -----.

- A) numerous ~~α~~    B) copious ~~α~~     sudden ~~α~~  
D) ample ~~α~~     urgent

7) "persistent" is closest in meaning to -----.

- A) hasty ~~α~~    B) urgent ~~α~~     regular  
D) near ~~α~~     constant

8) "ample" is closest in meaning to -----.

- A) consistent ~~α~~    B) sudden ~~α~~     copious  
D) charming ~~α~~     abundant

9) "magnificent" is closest in meaning to -----.

- A) abrupt ~~α~~     picturesque     outstanding  
D) plenty ~~α~~    E) substantial ~~α~~

10) "impressive" is closest in meaning to -----.

- alluring    B) stable ~~α~~    C) abrupt ~~α~~  
 charming    E) consistent ~~α~~

11) "approaching" is closest in meaning to -----.

- immediate    B) consistent ~~α~~     near  
D) persistent ~~α~~     close

12) "constant" is closest in meaning to -----.

- A) hasty ~~α~~    B) urgent ~~α~~     regular  
D) pressing ~~α~~     stable

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In case of a burn, **immediate** first aid can **minimize** tissue damage and may **prevent** the need for **more extensive** medical treatment. *treat=cure=heal*

In case of: durumunda (in case of emergency / in case of fire / in case of an earthquake / in case of a flat tire)

Immediate: urgent / sudden / abrupt / hasty

Can: -ebilir (olasılık / kabiliyet)=might / may / could / be likely to.

Minimize: azaltmak (reduce / descend / go down / decrease)

May: -ebilir (olasılık)= can / might / could / be likely to

Prevent .... (From): engellemek= stop sb from doing sth...

Extensive: yoğun, geniş: extend: genişle(t)mek

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**Maintaining** a stable weight **through** healthy diet and exercise **can reduce** the risk of chronic diseases **such as** heart disease and diabetes.

Maintain a healthy diet: sürdürmek / sustain / retain / preserve / conserve

Maintenance:

Through: yoluyla / vasıtasıyla:

Can: -ebilir (olasılık / kabiliyet): might / may / could / be likely

Reduce: decrease, go down, minimize, mitigate, dwindle, descend, diminish

Such as: like: örnekleme yapmak

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**Constant** exposure to loud noise **can cause** hearing damage and **should be avoided** or **reduced** when possible.

Constant: consistent, persistent, regular, steady, stable

Exposure to: be exposed to: maruz kalmak

in

I have been exposed to extreme heat for the last 2 hours.

For / In / During / Over / Within + the + last / past: present perfect \*\*\*\*\*

Can: -ebilir (may-might-could-be likely to)

Cause: lead to / bring about / result in / give rise to / contribute to / trigger / induce / stimulate: sebep olmak, yol açmak, neden olmak

Avoid: sakınmak : neglect: ihmal etmek, overlook: görmezden gelmek

Should: meli / malı / se/sa iyi olur (advice: tavsiye)

Should be avoided: modal + be + V3: pasif: edilgen

When (it is) possible.

in

in

in

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The **side effects** of chemotherapy **can have a considerable impact on** a patient's quality of life **and should be managed by a healthcare professional.**

Side effect:

Can: ebilir (olasılık) may, might, be likely to, could

Profound / significant / dramatic / considerable / huge / tremendous / massive / immense / great **impact:**

----- ON (???)

Effect / influence / impact ON (ile kullanılırlar)

Impact **of global warming** on animals

Remain influences FROM kdasjfakjdfajfdljdadşdas

Should be managed: modal + be + V3: pasif yapıdan söz ediyoruz....

Should: tavsiye bildirir: meli / malı / se/sa iyi olur anlamlarına gelir.

The **outstanding results of the treatment trial conducted on rats are noteworthy because they highlight the potential therapeutic benefits of this approach.**

Outstanding: magnificent: fabulous: impressive: awesome

Treat: tedavi etmek / cure / heal (treat: davranmak: behave)

Treatment trial (noun) conducted (V3): treatment trial which has been conducted on rats (which / that / who)

Conduct: carry out / implement / make / do

Noteworthy: kayda değer

Because: -diği için, çünkü: as / since / given that / ,for

They: outstanding results

Highlight: underline