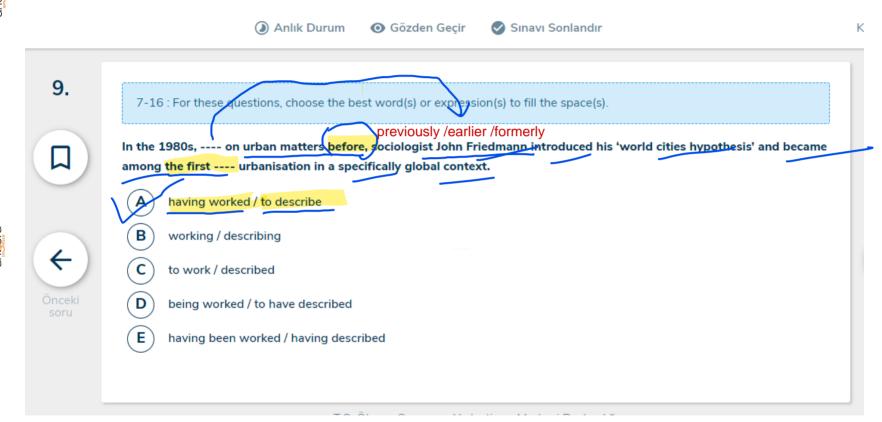


The widespread popularity of yoga is not up for debate ----.

- whereas it is thought to prepare the body, particularly the nervous system, for stillness and calmness
- B
 - even if it embraces a whole approach to lifestyle, including physical, mental, and spiritual practices
- **←**
- although how exactly the practice of yoga, which was once regarded as an unrated alternative spiritual practice, has become mainstream is still in question
- (D) u
 - unless one appreciates that yoga can help people engage with their life by paying full attention to tasks and feelings
- **E**)
- while the results of numerous research studies into the health benefits of yoga have recurrently confirmed its positive effects











Anlık Durum

Gözden Geçir



42.

37-42: For these questions, choose the most accurate Turkish translation of the sentences in English, and the most accurate English translation of the sentences in Turkish.



Akran grubu tarafından reddedilmek, bir çocuğu uyum sağlayıcı sosyal davranışlar geliştirme fırsatından mahrum <mark>bırakabilir v</mark>e sosyal becerilerindeki bu eksiklik, sosyal kaygı ve yetersizlik duyguları <mark>ile birlikte zaman içinde artabilir.</mark>



Rejection by a peer group can deprive a child of the opportunity to develop adaptive social behaviours, and this deficit Α in his or her social skills may increase feelings of social anxiety and inadequacy over time.



Being rejected by a peer group can deprive a child of the opportunity to develop adaptive social behaviours, and this deficit in his or her social skills may increase over time, along with feelings of social anxiety and inadequacy.



Rejection by a peer group can deprive a child of the opportunity to develop adaptive social behaviours, which may increase the deficit in his or her social skills over time, in line with deelings of social anxiety and inadequacy.



Being rejected by a peer group can deprive a child of the opportunity to develop adaptive social behaviours, and this deficit in his or her social skills might increase over time as feelings of social anxiety and inadequacy do.



Rejection by a peer group, which an deprive a child of the opportunity to develop adaptive social behaviours, may increase the deficit in his or her social skills over time, together with feelings of social anxiety and inadequacy.



(a) Anlık Durum Gözden Gecir Sınavı Sonlandır Kalar 66. 63-67: For these questions, choose the best option to complete the dialogue. Rachel: - I've always thought that fish is one of the most silent animal species in the world. But today, I found out that some fish species can be quite noisy. Jason: - How so? Rachel: - I read in an article that a fish type, called Gulf corvina, may make one of the loudest naturally produced sounds in the ocean. Jason: Rachel - If you think so, get ready to be shocked. The researchers have found that an individual Gulf corvina's sound for scaring its enemies is louder than standing next to the stage at a rock concert. I don't find the news that fish can make sounds surprising since there's so much evidence showing that whales can (**A** Then, I wouldn't be surprised if I discover that these poor animals are heavily provided because of this amazing (B If that's the case, I guess marine biologists have used both an echo sounder and underwater microphone to record C Still. I don't think that the sound they produce is loud enough to harm their fame for being silent animals



So, researchers must have already compared the sounds this fish can produce to those of other species.



(A) Anlık Durum

Gözden Gecir





68-71: For these questions, choose the best rephrased form of the given sentence



When a deadline approaches, you need to keep calm and focused which can be promoted through relaxation techniques such as mindfulness, and you should also make sure that you get adequate sleep and have a healthy diet.



Relaxation techniques like mindfulness can help you stay calm and focused before a deagline passes; however, sleeping well and relying on a nutritious diet could be as effective as these technique



When a deadline is about to expire, you can adopt relaxation techniques like mindfulness that will help you stay calm and concentrated as well as having a sufficient amount of sleep and living on a healthy diet.



When a deadline is getting closer to the end, you can employ relaxation techniques like mindfulness in order to stay calm and concentrated, which will also help you sleep well and have a healthy diet.



If you think that a nearing deadling prevents you from staying calm and concentrated, relaxation techniques like mindfulness or adequate sleep and a nutritious diet can provide great help.



When you are faced with a stact deadline, you cannot stay calm and focused unless you get a sufficient amount of sleep and have a healthy diet or practise relaxation techniques like mindfulness.

T.C. Öleme, Soeme ve Verlectirme Markezi Backanlığı





Anlık Durum

Gözden Geçir



K:

72.

72-75: For these questions, choose the best option to complete the missing part of the passage.

For most of us, anger arises when someone else causes us to suffer. It is an uncomfortable state, often associated with impaired social and cognitive functioning. And when anger is accompanied by aggression, there can be interpersonal, medical, and even legal consequences. ---- It signals to other people that they are treating you unfairly and can prompt others to reconsider their actions. For example, when your colleague has been slacking off on a shared project, your angry remarks might lead him or her to pitch in more.





A) The basis of anger generally includes disapproval, deprivation, exploitation, manipulation, and humiliation.

(B) Among the most noticeable physiological changes that accompany anger are rapid breathing and a flushed face.

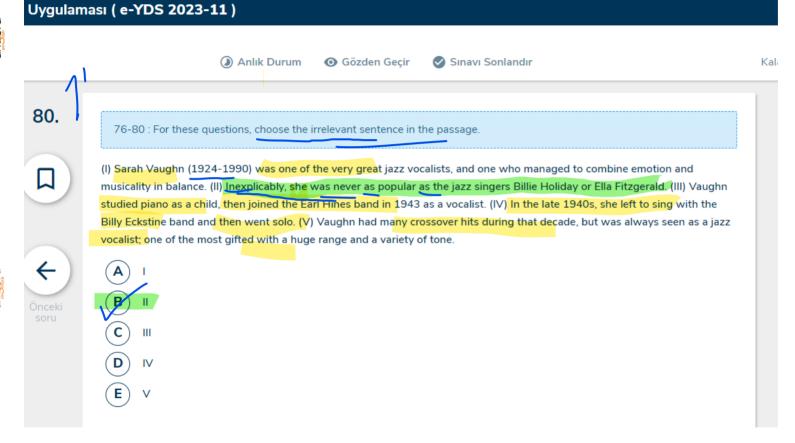
(C) When expressed in the right way, however, anger can really help someone get what they want.

The complexity of a problem and how severely it affects you will determine the intensity of your anger.

E Individuals may display anger through different ways, such as temper outbursts, physical fights, or sarcasm.











Sınav Tamamlanmıştır. İyi günler.

| INGILIZCE test sonuçlarınız | | | | | | |
|-----------------------------|--------|-------|--------|-----|--------|--|
| Test Adı | Toplam | Doğru | Yanlış | Boş | | |
| İNGİLİZCE | 8 | 0 | 0 | 8 | İncele | |

| İNGİLİZCE yanıtlarınız | | | | | |
|------------------------|-----------|---------|-------|--|--|
| Soru No | Yanıtınız | Anahtar | Sonuç | | |
| 6 | | В | Boş | | |
| 9 | | А | Boş | | |
| 33 | | С | Boş | | |
| 42 | | В | Boş | | |
| 66 | | D | Boş | | |
| 68 | | В | Boş | | |
| 72 | | С | Boş | | |
| 80 | | В | Boş | | |

